



## Sibling Issues

Siblings of individuals with intellectual and developmental disabilities will likely have the longest standing relationship with their sibling. It can be rewarding, confusing, instructive, and stressful. This special and unique bond among siblings can foster and encourage the positive growth of the entire family. Hear from a panel of siblings of different ages about the difficulties and joys that come with this special relationship.

Also, experience **Sibshops**, a workshop that intermingles discussion, activity, games, play, food and most of all peer support.

### **RSVP to Swanisha Hinton**

[shinton@thearcbaltimore.org](mailto:shinton@thearcbaltimore.org)

Office: 410•296•2272 ext 5306

Fax: 443•279•3422

Mail: 7215 York Rd.,  
Balto, MD 21212

### **Need Childcare?**

*Complete the attached form by 2/19.*

We cannot accept children who are not registered by the deadline.

Adults must show a picture ID to pick up children. **Space is limited.**

# Tuesday, Feb 23, 2016

## 6-9 PM | The Arc Baltimore, 6151 Metro Dr., 21215

*Dinner will be served*

*Class is canceled if county or city schools are canceled for inclement weather.*

  
**The Arc**<sup>™</sup>  
Baltimore

7215 York Road, Baltimore, MD 21212  
410-296-2272

visit our website at [www.thearcbaltimore.org](http://www.thearcbaltimore.org)

# **DIRECTIONS**

**The Arc Baltimore Employment Center  
6151 Metro Drive  
Baltimore, Maryland 21215  
410-653-3252**

## **FROM BALTIMORE CITY**

- 83 North to Northern Parkway (West)
- Northern Parkway to Metro Drive (marked by sign that says Seton Business Center)
- Right onto Metro Drive and follow to the end to 6151 Metro Drive (approx. one mile from the intersection of Northern Parkway & Metro Drive)

## **FROM DISTRICT OF COLUMBIA & OTHER POINTS SOUTH**

- 95 North
- 695 North (towards Towson)
- Exit 18A onto Liberty Road (toward Lochearn)
- Left onto Northern Parkway
- Left onto Metro Drive (marked by sign that says Seton Business Center)
- Take Metro Drive approx. one mile to the end at 6151 Metro Drive

## **FROM THE WEST**

- I-70 East
- Merge onto 695 North (towards Towson)
- Exit 18A onto Liberty Road (toward Lochearn)
- Left onto Northern Parkway
- Left onto Metro Drive (marked by sign that says Seton Business Center)
- Take Metro Drive approx. one mile to the end at 6151 Metro Drive

## **FROM THE NORTH**

- I-83 SOUTH
- Take Northern Parkway exit #10A-10B
- Keep right at the fork in the ramp
- Merge onto Northern Parkway (west)
- Take Northern Parkway to Metro Drive
- Right onto metro Drive (marked by sign that says Seton Business Center)
- Follow Metro Drive approx. one mile to the end at 6151 M

## **PUBLIC TRANSPORTATION**

Reisterstown Plaza Metro Stop is close by. Take the foot bridge across Wabash Ave., go across the parking lot and through the gate to the lot of our building.

**\*\*If you should need further directions or have any questions, please call us at 410-296-2272 and ask for extension 5318\***

Family Education Series  
Siblings  
RSVP Form  
February 23, 2016

Please complete and return this form to the attention of Swanisha Hinton by February 19, 2016

Name: \_\_\_\_\_

Child's Name: \_\_\_\_\_

Address: \_\_\_\_\_ City, State \_\_\_\_\_ Zip Code \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Do you have means of transportation? \_\_\_\_\_ Would you be able to arrange your own transportation? \_\_\_\_\_

Would you be able to assist someone within your neighborhood with transportation? \_\_\_\_\_

\_\_\_\_\_ Will be able to attend Number of adults \_\_\_\_\_

\_\_\_\_\_ Will need childcare Number of children \_\_\_\_\_

Name of adults that will be attending:  
\_\_\_\_\_  
\_\_\_\_\_

Name of Children who will attend childcare:  
\_\_\_\_\_

**\*\*Please complete one childcare form for each child. Form is located on back of registration form. \*\***

If special accommodations are required, please call Becky at:

410-296-2272 ext. 5306 or by e-mail at [shinton@thearcbaltimore.org](mailto:shinton@thearcbaltimore.org)

\_\_\_\_\_ Will not be able to attend

\_\_\_\_\_ We are interested in attending future Family Education Series



# Childcare Form

Date: February 23, 2016

***ANY ADULT PICKING UP A CHILD MUST SHOW AN ID!!***

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_

If your child has a disability, please specify: \_\_\_\_\_

Does your child require 1 on 1 care, explain: \_\_\_\_\_

Does your child need help using the bathroom; if yes, explain: \_\_\_\_\_

Does your child have a bathroom schedule or will your child let us know when he/she will need to use the bathroom? \_\_\_\_\_

If so, how often should we take your child to the bathroom? \_\_\_\_\_

Is there anything that disturbs or upsets your child such as being touched, talked to loudly etc. that we should know about? \_\_\_\_\_

We will be providing pizza for children attending childcare. Please answer the following questions:

May your child have pizza with the other children? \_\_\_\_\_

How many slices of pizza are appropriate for your child? \_\_\_\_\_

How many glasses of juice or water are appropriate for your child? \_\_\_\_\_

What time should your child stop eating? \_\_\_\_\_ drinking? \_\_\_\_\_

Will you be providing food / beverage for your child? If yes, please specify feeding instructions:

*Information needed the night of the event:*

When was your child's last diaper change? \_\_\_\_\_

If your child requires to be changed, may we do so or would you like us to notify you? \_\_\_\_\_

When was your child's last bottle? \_\_\_\_\_

How often to they take their bottle? \_\_\_\_\_

