



recite *Birchos HaTorah*?

Someone who rises in middle of the night to study must recite *Birchos HaTorah* before beginning. If he returns to sleep, he does not repeat the *berachos* in the morning. (A second opinion holds that he should recite the *berachos* in the morning.) The *poskim* discuss whether someone who naps in his clothing with the intention of rising in the middle of the night and returning to sleep afterwards must recite *Birchos HaTorah* when he gets up to learn. (There is an opinion that he should recite an Aramaic version of the *berachos*.) Ideally, when reciting the *berachos* in the middle of the night he should bear in mind not to exempt the morning *berachos*.

(סעיף יג, ס"ק כט, וביה"ל ד"ה המשכים; ביאורים ומוספים) 31, דרשו,



Why women recite *Birchos HaTorah*

Although women are generally exempt from Torah study, the custom is for them to recite the *berachos* on the Torah. Several reasons are given for this practice: 1) Women are required to study the sections of the Torah that pertain to them and to recite Torah passages found in *davening*. 2) Women are not required to recite the *berachos* but do so anyway, just as they are exempt from *mitzvos aseh shehazeman gromo* but frequently perform those *mitzvos* with a *beracha* (see Rama *siman* 17:2). 3) Although women are exempt from the *mitzva* of studying Torah and do not need to recite a *beracha* on the *mitzva*, the study of Torah requires a *beracha* even when there is no *mitzva* to do so.

(סעיף יד וביה"ל ד"ה נשים; ביאורים ומוספים דרשו, 33)

Yesterday's HIGHLIGHTS

- According to the Mechaber it is ideal, but not essential, to study Torah immediately following *Birchos HaTorah*. Most *poskim*, however, do require studying immediately without interruption.
- There is a *machlokes* as to whether someone who slept by day must repeat *Birchos HaTorah*. While the custom is not to repeat the *berachos*, it is proper to have in mind to fulfill the obligation of *Birchos HaTorah* when reciting the *beracha* of *Ahavas Olam* during *ma'ariv*.
- Someone who did not sleep at night

Tomorrow's TOPICS

- Why the *parshios* of the *korbanos* are recited daily before *Shacharis*
- *Shukeling* (undulating) when *davening*
- Reciting *pesukim* by heart

should hear the *berachos* from someone else. According to some *poskim*, if the person had slept during the previous day he may recite the *berachos* even if he was awake all night.

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Before implementing halacha in practice, please refer directly to the Mishna Brura and Mussaf Dirshu.

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