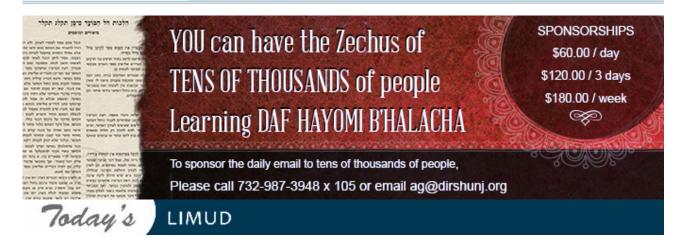


# Daf HaYomi B'Halacha



Hilchos Tefila 89 (page 239) מסעיף ג עד סעיף מ



**TOPICS** 

Eating before *Davening*Drinking before *Davening*Traveling before *Davening* 



#### Eating before davening

It is degrading to Heaven to attend to one's own needs before addressing Hashem. It is also inappropriate for a person to involve himself in his bodily needs before davening to Hashem about them. The famished and infirm may eat before davening, as can those who are eating for health or taking medications (including vitamins). One who eats before davening should recite the first paragraph of Shema

beforehand. The contemporary *poskim* discuss whether or not he should intend to fulfill his obligation with this recitation. If he must eat a complete meal, he should don his *tefillin* and recite the entire *Shema* first, because it is forbidden to eat before performing those *mitzvos*. (32 ביה, כב, כב, כב, כב, כב ו־כה, וביה"ל ד"ה ולא וד"ה וכן; ביאורים ומוספים דרשו, 30, 20 ו־32 (סעיף ג-ד, ס"ק כא, כב, כד ו־כה, וביה"ל ד"ה ולא וד"ה וכן;



#### **Drinking before davening**

Technically it is forbidden to drink before *davening*, but there are many exceptions. It is permissible to drink water or coffee/tea, but according to the early *poskim*, only without milk or sugar. Later *poskim* permitted using milk and sugar, since it is difficult for us to tolerate these drinks without them. Some permit light drinks, but strong drinks like wine or beer are forbidden. Drinking, even when permitted, should not be done socially, since — among other reasons — it is easy to get distracted and

miss the time for *davening*. It is permissible to drink on Shabbos and Yom Tov, since the obligation to recite *kiddush* doesn't begin until after *Shacharis*.

(סעיף ג וס"ק כב-כג; ביאורים ומוספים דרשו, 29 ו־31; וראה שם רפט, 8, לענין אשה בשבת וביו"ט)



#### Traveling before davening

Traveling before davening Shacharis, Mincha or Ma'ariv is forbidden because it is wrong to get involved in one's own needs before davening. Travel also has the potential to overwhelm people and cause them to neglect davening. According to some poskim, the first reason (tending to one's own needs before Hashem) only applies to Shacharis, but not Mincha or Ma'ariv. Therefore, this opinion holds that it is permissible to take a short trip or

travel before *Mincha* or *Ma'ariv* if he knows he will be able to *daven* with a clear head later. Likewise, if he is not ready to *daven* at the time he sets out (i.e. if it is early afternoon and he plans to *daven Mincha* close to sunset), he may travel without *davening*. In a time of need (e.g. a long wait until the next bus, the ability to avoid heavy traffic if one leaves right away, etc.), it is permissible to set out before *davening Shacharis*.

(25-27 סעיף ג וס"ק יט-כ; ביאורים ומוספים דרשו, 25-27)

## Yesterday's HIGHLIGHTS

- Once the time for Shacharis has arrived, it is forbidden to go out of one's way to greet people, even parents or teachers. It is forbidden to go to a person's house or place in shul and greet him with shalom or 'good morning.'
- Basic halacha permits greeting people that one meets in passing with the word Shalom. It is customary, however, to alter common greetings to less common ones as a reminder that one has not davened yet and should not get involved with other matters.
- Shacharis may be recited until a third of the day has passed. According to most poskim, someone who has not davened before that time -- whether by choice, mistake or ones - has until noon to daven. There are poskim who do not permit davening this late, however.

### Tomorrow's TOPICS

- Studying Torah before davening
- The opinion of the Zohar about eating in the middle of the night
- · Showering before davening

לקבלת המייל בלשון קודש, נא ליצור קשר עם דרשו: dirshu@dirshu.co.il

Important Note: The halachic summaries are to assist you with your learning.

Before implementing halacha in practice, please refer directly to the Mishna Brura and Mussaf Dirshu.

#### **Forward email**

SafeUnsubscribe

This email was sent to mc@dirshunj.org by  $\underline{\text{mc@dirshunj.org}} \mid \underline{\text{Update Profile/Email Address}} \mid \underline{\text{Rapid removal with }} \underline{\text{SafeUnsubscribe}}^{\text{TM}} \mid \underline{\text{About our service provider}}.$ 



Try it FREE today.

Dirshu International, Inc. | 212 Second St | Suite 404B | Lakewood | NJ | 08701