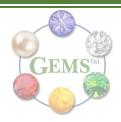


Positive Physical Approach-WITH Dementia

- Knock Announce self
- Pause at 6 ft
- Greet & Smile
- Move Slowly Hand offered in 'handshake' position
- Move from the front to the side
- Greet with a handshake & your name
- Slide into hand-under-hand hold
- Get to the person's level
- Be friendly -make a 'nice' comment or smile
- Give your message... simple, short, friendly

For more info on PPA, Hand-Under-Hand $^{\rm TM}$ and other techniques, please contact us. © Teepa Snow, Positive Approach, LLC, <u>www.teepasnow.com</u>









(Cut along the line and share one with a friend or family member)



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