

Positive physical Approach™

Positive Physical Approach– WITH Dementia

- Knock – Announce self
- Pause at 6 ft
- Greet & Smile
- Move Slowly – Hand offered in ‘handshake’ position
- Move from the front to the side
- Greet with a handshake & your name
- Slide into hand-under-hand hold
- Get to the person’s level
- Be friendly -make a ‘nice’ comment or smile
- Give your message... simple, short, friendly

For more info on PPA, Hand-Under-Hand™ and other techniques, please contact us.

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Hand  under Hand™



(Cut along the line and share one with a friend or family member)

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