Positive Physical Approach—WITH Dementia

• Knock – Announce self
• Pause at 6 ft
• Greet & Smile
• Move Slowly – Hand offered in ‘handshake’ position
• Move from the front to the side
• Greet with a handshake & your name
• Slide into hand-under-hand hold
• Get to the person’s level
• Be friendly - make a ‘nice’ comment or smile
• Give your message… simple, short, friendly

For more info on PPA, Hand-Under-Hand™ and other techniques, please contact us.