

Dear Parents,

With cold and flu season starting we would like to remind you of the guidelines for school attendance. We have a new thermometer in the health office and are confident in its accuracy.

**Guidelines for Student Attendance**

Students exhibiting any of the following will be sent home:

- Skin eruptions / rashes
- Nausea / vomiting / diarrhea
- Severe abdominal pain
- Fever of 100 degrees or higher
- Eye drainage

Students may return to school:

- After 24 hours of medication for the following conditions
  - Strep throat
  - Infected skin eruptions
  - Other conditions requiring antibiotics
- After starting treatment for the following condition
  - Conjunctivitis (Pink Eye)
- Free from the following condition for at least 24 hours
  - Fever without fever reducing medication
- Free from the following conditions for at least 48 hours
  - Diarrhea
  - Vomiting (related to stomach virus such as norovirus)

The following are suggestions that will aid in helping to maintain a healthy school environment, keep children well, and stop the spread of illness.

Be aware of the early signs and symptoms of illness such as:

- Decreased activity – droopy, tired appearance
- Irritable behavior – sleepy
- Sore throat / swollen glands
- Runny nose / cough
- Skin eruptions / rashes (students with undiagnosed rashes are not allowed in school)
- Nausea / vomiting / diarrhea
- Abdominal pain
- Fever (100° or higher, student is not allowed in school)

You can help:

- Keep students home when they have signs / symptoms of illness
- Do not give fever reducing medication to a child with a fever and send them to school
- Be sure your student knows where you are
- Give school office current emergency contact information

Please contact the school if your child comes down with a contagious illness such as strep throat, chicken pox, etc.

Thank you for your help in providing a safe and healthy school environment.