

**DCSD Healthy Schools Move! @  
Ben Franklin Academy**



We know that happy and healthy students perform better. Douglas County School District is excited to partner with Kids Running America (KRA) and Highlands Ranch Community Association (HRCA) in a tailor-made DCSD Healthy Schools Move initiative, where staff, students and family members at 10 selected schools are challenged accumulate at least 100 miles of movement throughout the school year using an online tracker. The challenge runs from now to May 6, 2016.

**Go to this website to register anyone and everyone in your family:**

<http://ultra.kidsrunningamerica.org/>

**Here are the instructions:**

<https://docs.google.com/document/d/1Fv52ajrzy7OwTDU7IHW07TQFwDjKyNaIz4tb5j0q0l4/edit>

or contact Brenda Bauer at [bbauer@bfacademy.org](mailto:bbauer@bfacademy.org) for more information. Let's move together!