

Expert Panel
**Self, Others, and Chronic Conditions:
Basic Mechanisms and Processes that Facilitate
or Impede Self-Management**
September 9, 2015
Porter Labs (Building 35A), Atrium Conference Room 640
NIH Campus

Wednesday, September 9, 2015

8:30 – 8:45 Welcome and purpose of meeting, **William (Bill) Riley, OBSSR;**
Donna (DJ) McCloskey, NINR

Self: Individual issues in self-management research

8:45 Personal strengths and social contexts, **Ronald Hickman, Jr., Case Western RU**
9:15 Cognitive/affective issues in chronic illness, **Drenna Waldrop-Valverde, Emory U**
9:45 Biomarkers in the measurement of self-management, **Frank Infurna, ASU**
10:15 Sleep duration/quality and self-management of T1-diabetes, **Sarah Sanders Jaser, Vanderbilt U**

Others: Supporters and caregivers in self-management research

10:45 Virtual social support for HIV treatment adherence among youth, **Marvin Belzer, Children's Hospital LA, USC**
11:15 Social media networks, stress, and depression among dementia caregivers, **Sunmoo Yun, Columbia U**
11:45 Narrative engagement and empowered self-management, **Linda Larkey, ASU**

12:15 Lunch (Porter Labs/Building 35 cafeteria)

Self and others in research: Self-management measurement and design concerns

1:30 Conceptualizing and measuring religion and spirituality and its role in self-management, **Michael Balboni, Dana-Farber Cancer Institute, Department of Psychiatry, Harvard Medical School**
2:00 Improving the health of individuals and populations by conducting research on the intersection of theory and practice, **Perry Halkitis, New York University**
2:30 Design and measurement issues for basic sociobehavioral self-management research, **Laura Szalacha, Ohio State U**

Futures for self-management research

3:00 Roundtable discussions on day's events, findings
3:30 Reports from roundtables
4:00 Summation: Categorize, prioritize, and assign recommended activities, **Bill Elwood, OBSSR**

5:00 Meeting closure

EXTERNAL EXPERT PARTICIPANTS

Michael J. Balboni, Ph.D., ThM, MDiv, Dana-Farber Cancer Institute

- Michael.Balboni@dfci.harvard.edu
- <http://www.dfhcc.harvard.edu/insider/member-detail/member/michael-j-balboni-phd-thm-mdiv/>

Marvin Belzer, MD, Children's Hospital LA, USC

- mbelzer@chla.usc.edu
- <http://www.chla.org/site/apps/kb/cs/contactdisplay.asp?c=ipINKTOAJsG&b=3832751&sid=9hJLI5NFleKVLZOEJtF&r=1>

Perry N. Halkitis, Ph.D., MPH

- perry.halkitis@nyu.edu
- http://steinhardt.nyu.edu/faculty/Perry_Halkitis, <http://perrynhalkitis.com/>

Ronald L. Hickman, Jr., Ph.D., RN, ACNP-BC, Case Western Reserve University

- rlh4@case.edu
- <http://fpb.case.edu/Faculty/Hickman.shtm>

Frank Infurna, Ph.D., Arizona State University

- finfurna@asu.edu
- <https://psychology.clas.asu.edu/faculty/frank-infurna-0>

Sarah Sanders Jaser, Ph.D., Vanderbilt University

- sarah.jaser@vanderbilt.edu
- <https://faculty.mc.vanderbilt.edu/Faculty/Details/38310>,
<http://grantome.com/grant/NIH/K23-DK088454-01>

Linda K. Larkey, Ph.D., Arizona State University

- larkeylite@msn.com
- <https://nursingandhealth.asu.edu/directory/shortbios/larkey?destination=node/3676>

Laura A. Szalacha, Ed.D., M.Div., Ohio State University

- szalacha.1@osu.edu
- <https://nursing.osu.edu/faculty-and-staff/faculty-directory/szalacha-laura.html>

Drenna Waldrop-Valverde, Ph.D., Emory University

- drenna.waldrop-valverde@emory.edu
- http://www.nursing.emory.edu/directory/profile.cfm?PEOPLE_NUMBER=1845

Sunmoo Yoon, Ph.D., Columbia University

- sy2102@cumc.columbia.edu
- <http://nursing.columbia.edu/profile/syoon>

NIH CONVENORS

William (Bill) Elwood, Ph.D., Office of Behavioral and Social Sciences Research, NIH

- william.elwood@nih.gov
- http://obssr.od.nih.gov/about_obssr/staff/elwood_bio.aspx, <http://oppnet.nih.gov/>

Donna (DJ) McCloskey, Ph.D., RN, FAAN, National Institute of Nursing Research, NIH

- mccloskd@mail.nih.gov
- <https://www.ninr.nih.gov/researchandfunding/dea/desp/oep/ninresearchcenters#.VbEQYrNVhBc>,
<http://www.ninr.nih.gov/researchandfunding/dea/desp/oep/areasofscience#self-management>

William (Bill) Riley, Ph.D., Office of Behavioral and Social Sciences Research, NIH

- wiriley@mail.nih.gov
- http://obssr.od.nih.gov/about_obssr/staff/wriley_bio.aspx



Roundtable Discussion Guide

Describe the most important fact/finding/lesson from one (to all 3) of today's sessions:

Describe at least one important fact/finding/lesson from the other presentations that relate to your discussion topic:

What finding/tip from your discussion group will be most useful in your own work?

What finding/tip from your discussion group do you believe is most useful to everyone in this room?

What recommendation(s) do you have for NIH to promote more comprehensive research on basic sociobehavioral sciences and its relationship to self-management research?

What important item you learned here do you believe is sufficiently compelling to share with your research/institutional colleagues?

Optional name: _____

Optional contact information: _____

Questions/comments on OppNet?

Bill Elwood, Ph.D.

OppNet/Health-Scientist Administrator

william.elwood@nih.gov

301-402-0116