

Creating Innovation @ Home Part 1 of 3 in a Workshop Series

MON, FEB 29 6:30 - 8 pm @ M.A. Boulder

Join innovation masters George Kembel (d.school, d.global), John Kembel (d.global), Zach Nies (TechStars) and Head of school JJ Morrow to practice innovation at home. This is the first session in a three part workshop series on home, work, and school.

RSVP: boulder-office@mackintoshacademy.com

Stress-Free Living & Finding Your Happiness

TUES, MARCH 8 6:30 - 8 pm @ M.A. Littleton

Join Dr. Julie Gelman as she presents the Mayo Clinic's SMART program for stress free living. Learn how a focus on gratitude, compassion, meaning and forgiveness and the practice of mindful kindness can increase happiness and reduce stress in your life.

RSVP: beth@mackintoshacademy.com

Will You Please Put your **Phone Down?**

THUR, MARCH 10 6:30 - 8 pm @ M.A. Boulder THUR, APRIL 21 6:30 - 8 pm @ M.A. Littleton

Curiosity and a quest for autonomy can drive technology addiction and imbalance for gifted children. Educator Brian Weaver explores the neuroscience and offers tips for encouraging safe exploration. Free to parents and students in 3-8th graders.

RSVP: <u>boulder-office@mackintoshacademy.com</u> (Boulder) beth@mackintoshacademy.com (Littleton)

Creating Citizen Scientists

THURS, APRIL 21 6:30-8:00pm @ M.A. Boulder

Science is an important way of thinking. It took us from the dark ages up to the technology age! Join Mackintosh Academy Science Specialist Charlie Warren to practice scientific thinking skills and investigate a few fun science phenomena. Free to parents and students in 4-8th grades.

RSVP: boulder-office@mackintoshacademy.com

