

SENG Model Parent Groups

PROVIDING SUPPORT TO FAMILIES OF GIFTED CHILDREN IN THE DENVER AREA



Many of our children have strengths and abilities but not all are formally identified as gifted.

Some children have asynchronous development which means they have profound strengths in some areas but not others. This can create a confusing profile and challenges. Parents, grandparents and guardians play an important role in the life of their child and parenting a gifted or asynchronous learner can be both perplexing and lonely at times.

SENG groups are structured to bring together 10-20 parents in a relaxed setting to discuss topics such as motivation, peer relationships, and stress management. It's an opportunity to share ideas, strategies, and support while guided by SENQ-trained Facilitators. We focus on positive parenting, avoiding power struggles, developing life skills, and enhancing relationships. **Sessions are Wednesdays, 6.00 – 7.30 pm.**

April 8	Week 1: Characteristics of the Gifted
April 15	Week 2: Communication
April 22	Week 3: Motivation and Underachievement
April 29	Week 4: Discipline and Self-Management
May 6	Week 5: Intensity, Perfectionism, and Stress
May 13	Week 6: Idealism, Unhappiness, and Depression
May 20	Week 7: Peer and Sibling Relationships
May 27	Week 8: Traditions, Uniqueness and Complexities

Where - All welcome to join us in the Denver School of the Arts Library, 7111 Montview Blvd, Denver, Co, 80220

Cost: \$200.00 (Limited financial assistance may be available) includes the 8-week series for up to two adults (we understand two can't always attend but both parents/guardians are welcome to), you receive the book *A Parent's Guide to Gifted Children*, and all handouts. You'll receive the book prior to the discussion group's first meeting.

Your SENQ Trained Facilitators are:

Alejandro Lofaso, MA, has been an educator for 13 years in Denver Public Schools and Jefferson County School District. He has the opportunity to work with students from the dual language world and with profoundly gifted children. Currently, he is a Gifted and Talented Resource Teacher for Jeffco and supervises nine schools and all of their GT needs. He is a member of CAGT, SENQ Model Parent Group Facilitator certified, and a member of CAEGTC. Currently he is taking coursework on Twice Exceptional Gifted children to better serve this highly impacted group. He is also Colombian born and a fluent Spanish speaker.

Mandianne Berg is a parent and certified SENQ Model Parent Group Facilitator. She has served on the Board of the Colorado Association for Gifted and Talented and is past President of the Denver Association for Gifted and Talented. She also currently serves on the Colorado Distinguished Student Award selection committee and is a DPS Student Board of Education Coach working with Student Voice and Leadership. The parent of two gifted children she believes children with strengths and unique needs require nurturing, knowledge, understanding and inspiration in their education and community.

To register, contact Mandianne: mandianneb@gmail.com or 303-502-7259 or Alejandro Lofaso: alofaso@jeffco.k12.co.us or 303-594-7251. We'll send registration form and payment information, and how to receive your book prior to your first session.

SENG Model Parent Group* info: <http://www.sengifted.org/programs/seng-model-parent-groups>

**It is important to remember that the guided discussion group is not a therapy or an advocacy group.*