


# Vaccination is the single best way to protect against the flu.

 **Cub Pharmacy** wants to protect your employees from the seasonal flu.

 **Cub Pharmacy**

Adult Immunization Program has specially trained immunizing pharmacists who administer immunizations to eligible adults and adolescents aged 10 or older.

- **115,000+ flu shots** – Number of flu shots administered by our immunizing pharmacists each of the last two years.
- **Convenient** – Cub pharmacists will come right to your business location.
- **Turnkey** – Cub provides flu vaccine and all other supplies necessary for the administration of vaccination.

 **Cub Pharmacy** will work with your prescription insurance carrier and/or set up invoicing directly to your company.

 **Cub Pharmacy** will help you promote your on-site flu clinic to help ensure that your company attains the maximum benefit.



**Each flu season, nearly 111 million workdays are lost due to the flu. That equals approximately \$7 billion per year in sick days and lost productivity.**



## Schedule your clinic now!

### Here's How to Schedule

Flu Clinics, for businesses of more than 50 employees, can be scheduled by contacting



A SUPERVALU Company

P 763.428.6080

F 763.428.9170

Loren D Bell

Pharmacy Manager

[www.cubpharmacies.com](http://www.cubpharmacies.com)

13855 Rogers Dr.  
Riverside, MN 55374

Store Hours:

M-F 9 to 9

Sat 9 to 6

Sun 9 to 6

## Questions and Answers

**Who is eligible to receive a flu shot?**

Any eligible adult and adolescents aged 10 or older.

**When is the best time to receive a flu shot?**

In any given year, the Center for Disease Control (CDC) says the optimal time to vaccinate patients cannot be determined because influenza seasons vary in their timing and duration, and more than one outbreak might occur in a single community in a single year. In the United States, localized outbreaks that indicate the start of seasonal influenza activity can occur as early as October. However, peak influenza activity has typically not occurred until January or later. In general, health-care providers should begin offering vaccination as soon as flu vaccine becomes available.

Considering these recommendations, we recommend flu shots be given between September and November. However, vaccine administered in December or later, even if influenza activity has already begun, is likely to be beneficial in the majority of influenza seasons. The majority of adults have antibody protection against influenza virus infection within 2 weeks after vaccination, with effectiveness that lasts for 9–12 months.

**What is the cost of the flu shot?**

The cost for a trivalent flu shot will not exceed \$29.99 per person. Many insurance companies will cover the flu shot through either their Pharmacy benefits or Medical benefits where the copay is dependent on the benefit plan. All individuals over the age of 65 are eligible for a flu shot with at no cost to them.

**When will payment be due for the flu shot?**

For pre-planned Flu Clinics, special arrangements can be made for group billings.