

25th
CONFERENCE

RETURN TO PLAY

FOOTBALL
MEDICINE STRATEGIES

9th-11th April, 2016
LONDON

In partnership with
FIFA
FOOTBALL
FOR HEALTH
F-MARC



WORKSHOP FLEMING ROOM - THIRD FLOOR

SATURDAY 9th April 2016

13:00 - 14:30

RETURN TO PLAY - OPTIMIZE LOAD

Chairs: Mario Bizzini (SUI) Karim Khan (QAT)

13:00 Introduction

13: 10 RTP: towards an international consensus Clare Ardern (QAT)

13:25 Optimizing load in RTP: is it feasible? Phil Glasgow (UK)

13:40 Functional tests in RTP: where we're now? Erik Witvrouw (QAT)

13:55 RTP in elite soccer: from the lab to the field Holly Silvers (USA)

14:15 RTP in elite rugby: from the field to the field Stephen Mutch (UK)

14:30 End of the workshop



The International Federation
of Sports Physical Therapy

IFSPT

SPORTFISIO
SCHEIDTSEKER VERBAND FÜR SPORTPHYSIOTHERAPIE, SDFP
ASSOCIATION EUROPE OF PHYSIOTHERAPIE DU SPORT ASEP
ASSOCIAZIONE SVIZZERA DELLA FISIOTERAPIA DELLO SPORT ASPT



physios in sport

BJSM
The Journal of Sport & Exercise Medicine

IFSPT: International Federation of Sports Physical Therapy www.ifspt.org

SSPA: Swiss Sports Physiotherapy Association www.sportfisio.ch

BJSM: British Journal of Sports Medicine www.bjism.bmj.com

ACPSEM: Association of Chartered Physiotherapists in Sport & Exercise Medicine www.physiosinsport.org