### **MONTHLY NEWS**

# **Moving the Needle Progress and Shared Success from the MaineHealth ACO**

#### **Best Practices on Improving Diabetic Health Measures**

The MaineHealth ACO's Quality & Performance Improvement (Q&PI) recently identified two innovative approaches for increasing quality measures related to Diabetic health. In an effort to share best practices for improvement, the Q&PI team uses their heat map to understand regional quality performance.

This month, we are highlighting recent efforts conducted to improve Diabetic health outcomes:

### May Regional Highlight: HbA1c Outcomes (Maine Medical Partners)

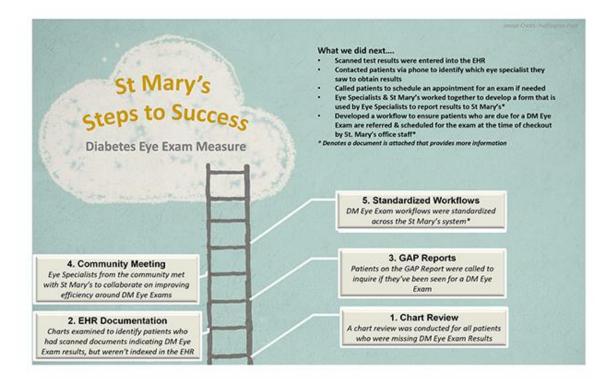
The primary care practices at Maine Medical Partners have been actively working to improve the health of their patients with diabetes. One approach they have taken has been the implementation of A1c Point of Care testing in the office. Check out the five things they are doing to improve the HbA1c Testing rate and how they are connecting patients with the right resource to improve their health!



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#### June Regional Highlight: Diabetes Eye Exam Measure (St Mary's)

St Mary's primary care providers realized they needed to improve their rates of capturing completed eye exams for their patients with diabetes. So what did they do? They decided to reach out to their community eye specialists to both build connections and develop collaborative strategies for meeting the needs of all stakeholders including patients, eye specialists and the primary care providers and their teams. Check out the approach they took to move the dial on this measure!



### Process and Practice Improvements Highlighted in New Edition of "Bright Spots"

MaineHealth and the MaineHealth ACO are pleased to share an updated edition of Patient Centered Medical Home (PCMH) "Bright Spots." This document contains the stories of process and practice improvement submitted by primary care teams who participated in PCMH Collaboratives from 2012-2015. Click here to read the edition. We have included the pages first published in 2014 and have added new reports reflecting work done through 2015. Each of the practice teams represented worked hard to improve the care they deliver to patients every day, evidenced by the data they shared. We want to congratulate them and encourage you to adapt what they've learned in your own practice.

Please contact Cynthia Cartwright at; CARTWC@mainehealth.org at with any questions.



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### NCQA Patient Centered Medical Home Recognizes 3 MaineHealth ACO Practices

Congratulations to the following practices who recently achieved NCQA Patient Centered Medical Home recognition.

Southern Maine Health Care:

Internal Medicine – Biddeford: Level 3

• Pediatrics – Saco: Level 2

• Family Medicine – Sanford: Level 3