

## **Moving the Needle: Progress and Shared Success from the ACO**

### **Complex Care Management Pilot in the Nephrology Setting**

In October, the Value Oversight Committee awarded a grant to Maine Nephrology Associates and Maine Medical Center to pilot a collaborative, complex care management team in the nephrology specialty setting. The project adds RN care management, social work case management, and a nutritionist to the nephrology care team with the goal of helping stage 4 or 5 chronic kidney disease patients better manage their care. The care management team works closely with providers and staff at Maine Nephrology Associates to create a highly functioning team dedicated to the care of these highly complex patients.

The project is now in its fourth month and has enrolled 26 patients. The RN manager and social work case manager closely with enrolled patients to educate, support, and address social needs in order to help slow the progression to end-stage dialysis and prevent unnecessary ED and hospital admissions. Home visits with intense medication reconciliation, social need identification, action and follow through, and streamlined care coordination have helped prevent several ED and hospital admissions. The project is scheduled to continue through November 2016.

Learn more about the collaboration. If you have questions, please contact Stacey Power at [powers1@mmc.org](mailto:powers1@mmc.org).

### MMP Neurosurgery and Spine Center Creates Video About Shared Decision Making

The staff at Maine Medical Partners - Neurosurgery and Spine Center are implementing Shared Decision Making (SDM) in their practice. This process provides patients with evidence-based information about their condition, and offers the support that they need to make the best

decision. Moreover, the providers feel confident in the care that they provide.



[Click image to watch video](#)

[This video](#) explains that process, and the results of its practice, for the Spine Center. It was created in collaboration with High Value Healthcare and MaineHealth, and produced by MaineHealth Educational Services.