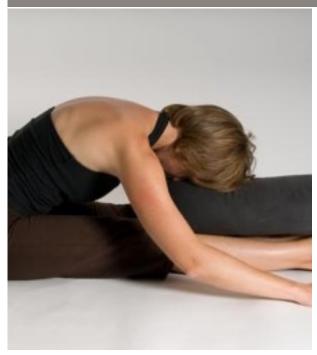
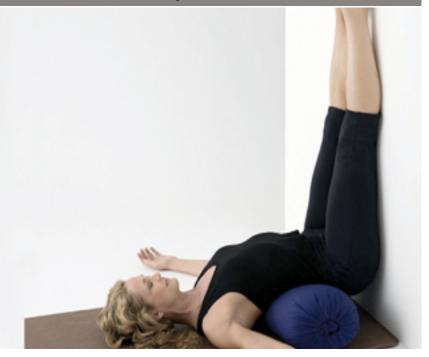
## **Black Friday Special...**

## Restorative/Yin Yoga With Bethany





## Restorative and Yin Yoga

Join Bethany Perry as she guides you through a wonderful sequence of Restorative Yoga, to rejuvenate your soul...and Yin Yoga to help reach deeply into your body and release what is being held.

- Restore
- ▶ Relax
- ▶ Refresh
- ▶ \$15 (Special Pricing)

When: Friday November 27, 2015

Where: Red Lotus Yoga

Time: 12:00-1:30p.m.

Other: Please pre-register online at

<u>redlotusyoga.com</u> or call