



**The need is constant.
The gratification is instant.
Give blood.™**

**Pre-determine your eligibility at
www.redcrossblood.org/donating-blood/eligibility-requirements
if you:**

- Do not have positive identification
- Weigh less than 110 lbs.
- Are age 18 or younger, donating whole blood and
 - Shorter than 5' (for male donors)
 - Shorter than 5'6" (for female donors)
- Are taking antibiotics
- Have cold symptoms
- Have traveled outside the United States or Canada in the past 12 months
- Had cancer in the past 12 months
- Donated blood in the last 56 days
- Received any vaccine, including for hepatitis B, in the last 8 weeks

**For these or any other eligibility concerns, please the website
above or call 1.866.236.3276.**

American Red Cross

1-800-RED CROSS | redcrossblood.org