2015 SAINT VIATOR SUMMER CAMPS



This is the schedule for Saint Viator Summer Camps... once again on-line registration will only be through the web site:

https://saintviator.8to18.com

Registration will be open in March, 2015. Other camps could be added as needed.

BOYS' LACROSSE

BOYS GRADES 2 – 4 (Fee \$125) Mon. - Fri. June 22 - 26 8:30 AM – 9:30 AM at Saint Viator High School

BOYS GRADES 5 - 6 (Fee \$125) Mon. - Fri. June 22 - 26 10:00 AM – 11:00 AM at Saint Viator High School

BOYS GRADES 7 - 8 (Fee \$125) Mon. - Fri. June 22 - 26 11:30 AM - 1:00 PM at Saint Viator High School

Advanced players may request to participate up one grade level. All players should bring water and appropriate equipment.

With Coach Bill Sanford, SV Lacrosse coaches and volunteer players.

GIRLS' LACROSSE

GIRLS GRADES 9-12 (Fee \$150) Mon – Thur. 6 – 8 PM July 20 – 30

<u>GIRLS GRADES 5-8 (</u>Fee \$150) Mon – Fri. 12 – 2 PM June 15 - 26

BASEBALL

BOYS GRADES 7-9 (Fee \$145) Mon. – Fri. 10 AM – 12 PM June 8 - 19

With Saint Viator baseball staff Glove and cap, and water bottle required

GIRLS' SOFTBALL

GRADES 9 – 12 (Fee \$185)

Mon. – Thur. 3:30 – 5:30/6:30 PM June 8 - 25 2 days each week practice/skills; 3:30-5:30 PM 2 days each week games; 3:30-6:30 PM *separate sign up for girls' taking summer school class

With Coach Scotillo and staff

CROSS COUNTRY & FITNESS

BOYS AND GIRLS GRADES 10-12

(Fee \$125) per session) Mon. – Fri. 7:00 - 8:30 a.m.

Session I - June 15 - June 26 Session II - July 6 - July 31

(\$75 Fee for 5-9 graders, \$75 for SV grads)

Emphasis on speed, strength, endurance, weight training and flexibility. Instruction on health, nutrition and overall fitness. Training and workouts will be tailored to age, experience and ability.

With Coach Edelman, Coach Fuja & Coach Kompanowski

WRESTLING

BOYS – BEGINNERS (Fee \$125)

Mon. – Thur. 5:45 – 7:00 PM

June 15 – July 23 (no camp June 30-July 3)

With Saint Viator Wrestling Staff

BOYS - EXPERIENCED (Fee \$125)

Mon. – Thurs. 6:30 – 8:30 PM

June 15 – July 23 (no camp June 30-July 3)

with Saint Viator Wrestling Staff

BOYS – GRADES 9-12 (ALSO IN FOOTBALL)

Monday, June 15, 22, July 6, 13 & July 20 – 24th 6:30 – 8:30 PM (Fee \$55) –

must also be registered in football

FOOTBALL

BOYS GRADES 3 - 8 (Fee \$105) -

Developmental

Mon. – Fri. 10:15 AM – 12:00 PM June 15- 19 NO PADS

Teaches safety and core fundamentals of football that lead to success...7 on 7 games included, no experience necessary

<u>BOYS GRADES 6 – 8</u> (Fee \$105 per session) – Advanced Elite

Mon. – Fri. 12:00 – 1:00 PM NO PADS

Session I - June 15 – 19

Session II – July 6 - 10

This Advanced Elite camp takes teaching football to the next level...learn advanced techniques to dominate the competition. Playing experience and a general understanding of football required.

BOYS GRADE 9 (Fee \$180)

Mon. – Thur. 4:00-6:00 PM July 6 – July 16 Shoulder pads & helmets will be given out on first day

at 3 pm...meet in Boler Center. **Incoming** freshman athletes may follow Grades 10-12 schedule paying only for Grade 9 camp

BOYS GRADES 10-12 (Fee \$210)

Tues. – Wed. – Thur. 3:30 – 6:30 PM June 9 – July 16

NO CAMP June 29 – July 3

Strength Training with Coach McLoughlin from 3:30 – 4:30; Football camp from 4:30 – 6:30 PM

North Central College Camp Grades 10-12 July 25 – 27 Separate sign up through Coach New

with Coach New and Saint Viator Football Staff

BOYS' GOLF

BOYS GRADES 4 - 8 - Beginners &

Intermediate

Mon – Fri. 9:00 – 11:00 AM June 15 – 19 (Fee \$160)

For beginners through intermediate golfers wanting to sharpen their skills, maximum 24 Sunset Meadows Driving Range

BOYS GRADES 4 - 8 Experienced (Fee \$160)

Mon – Fri. 9:00 – 11:00 AM June 22 – 26

For experienced players or anyone who attended previous camp, maximum 24

Sunset Meadows Driving Range and Nickol Knoll Course

BOYS GRADES 9 & 10 (Fee \$225)

For players wanting to play frosh soph high school golf this coming fall

Mon - Fri 1:00 PM - 4:00 PM June 8 - 12

Introduction to High School Golf at Sunset Meadows Driving Range, plus PGA pro evaluations and Old Orchard Country Club

with Coach Jack Halpin

GIRLS' GOLF

GIRLS GRADES 6-12 (Fee \$150)

Mon-Wed-Thur 1:00-2:30 PM June 8-25 For beginners through intermediate golfers & high school athletes wanting to sharpen their skills, maximum 24 Hilldale Golf Club

with Coach Mick Drewes

LEARN TO SWIM

BOYS & GIRLS AGES 4 – 17

Session I: Mon. – Fri. June 8 - 12 Session II: Mon. – Fri. June 15 – 19

Session III: Mon. – Fri. June 22 – 26

Session IV: Mon. – Fri. July 6 – 10

9:30 - 10:30 a.m. OR 10:45 - 11:45 a.m.

Session Fees: (Fee \$65) per session

With Saint Viator staff

WATER POLO

BOYS & GIRLS GRADES 6 – 12 (Fee \$175) Tues. & Thur. 6 – 8 PM June 9 – July 16

League for high school athletes; no experience necessary for junior high athletes. No camp June 30 & July 2

With Coach Leon and staff

SOCCER

GIRLS GRADES 9-12 (Fee \$210) Mon. – Fri. 8:00 – 9:30 AM July 13 – July 31

BOYS GRADES 9-12 (Fee \$210) Mon. – Fri. 9:30 – 11:00 AM July 13 – July 31

BOYS & GIRLS GRADES 3 – 5 (Fee \$140) Mon. – Fri. 11:00 AM – 12:30 PM July 13 - 17

BOYS & GIRLS GRADES 6 - 8 (Fee \$140) Mon. – Fri. 11:00 AM – 12:30 PM July 13 - 17

With Coach Taylor and staff

VOLLEYBALL

*GIRLS GRADES 10- 12 (Fee \$260) Mon. – Thur. 9 – 11:30 AM July 6 – July 23

*GIRLS GRADE 9 (Fee \$190) Mon. – Thur. 11:15 AM – 1:15 PM July 6 - 16

<u>GIRLS AND BOYS GRADES 5 – 8</u> (Fee \$75 per session)

Session I Mon. – Fri. 1:15 – 2:45 PM July 6 - 10 Session II Mon. – Fri. 1:15 – 2:45 PM July 13 – 17

*BOYS GRADES 9-12 (Fee \$195) Mon. – Thur. 4:15 – 6:30 PM June 22 - 25 Mon. – Thur. 3:45 – 6 PM July 6 - 16 (one camp with break)

With Coach Curtin, Coach Boylan, Coach Neill and staff

*includes strength & conditioning training

GIRLS' BASKETBALL

<u>GRADES 10 – 12</u> (Fee \$190) Mon. – Fri. 8:00 – 9:30 AM June 8 – June 26

GRADE 9 (Fee \$190)

Mon. - Fri. 9:30 - 11:00 AM June 8 - June 26

GRADES 7 – 8 (Fee \$135)

Mon. – Fri. 11:15 AM – 12:45 PM June 15 – 26

GRADES 5 - 6 (Fee \$135)

Mon. – Fri. 12:45 – 2:15 PM June 15 – 26

BOYS & GIRLS GRADES 2 – 4 (Fee \$105) Mon. – Fri. 11:00 AM – 12:30 PM July 6 - 10

With Coach Missavage and staff

BOYS' BASKETBALL

<u>GRADES 10 – 12 (</u>Fee \$190) Mon. – Fri. 2 – 3:30 PM June 8 – June 26

<u>GRADE 9</u> (Fee \$190)

Mon. – Fri. 2:15 – 3:45 PM June 8 – June 26

<u>GRADES 7 – 8</u> (Fee \$135)

Mon – Fri. 11:00 – 12:30 PM June 15 – June 26

GRADES 5-6 (Fee \$135)

Mon. – Fri. 12:30 – 2:00 PM June 15 – 26

*BOYS & GIRLS GRADES 2 – 4 (Fee \$105) Mon. – Fri. 11:00 AM – 12:30 PM July 6 - 10

With Coach Hayes and staff

CHEERLEADING

<u>GIRLS GRADES 2-8</u> (Fee \$160) Mon., July 20 – Fri., July 24 9:00 AM – 12 PM

Held in first and/or second floor multi-purpose room of the Boler Center/Mahoney Court

GIRLS GRADES 9-12 (Fee \$170) Tues-Wed-Thur. 5:30 – 8:00 PM June 9– July 23 NO CAMP June 30 – July 2 or July 14-16

With Saint Viator Coaching Staff

POM PONS

<u>GIRLS GRADES 1 - 8</u> (Fee \$125) Mon. – Thur. 9 AM – 12 PM June 22 – 25

Held in first or second floor multi-purpose room with

Parent recital final day of program.

GIRLS GRADES 9-12 (Fee \$125) Tues. & Thurs. 7 – 9 PM June 9 – July 23 NO CAMP JUNE 30 & JULY 2

Saint Viator Summer Sport Camps focus on skill development from beginner to advanced...ALL ARE WELCOME. All Questions regarding camp structure and content should be directed to each individual coach.

PLEASE NOTE:

Registration this year will be through the web site: https://saintviator.8to18.com

Refund information is available on web site listed above. Grade level for camp is grade the child is beginning in August 2015. Questions...call Mrs. McNamara at 224-625-1251 or email at smcnamara@saintviator.com

NO CAMP JUNE 29 - JULY 3