

Cost: \$700

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\$255 for instruction and all materials

\$445 for all meals and accommodations.

Space limited to 18 participants. To reserve your spot, please send a \$200 deposit to Saint Peter's Church, P.O. Box 464, Lewes, DE 19958. Retreat will run from Sunday, April 17th, 2016 at 5pm to Friday, April 22 at 3pm

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_  
\_\_\_\_\_

TELEPHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

SPECIAL DIETARY NEEDS \_\_\_\_\_  
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*Please return this slip  
and payment to register*



Sponsored by Saint Peter's Church

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P.O. Box 464  
Lewes, Delaware 19958

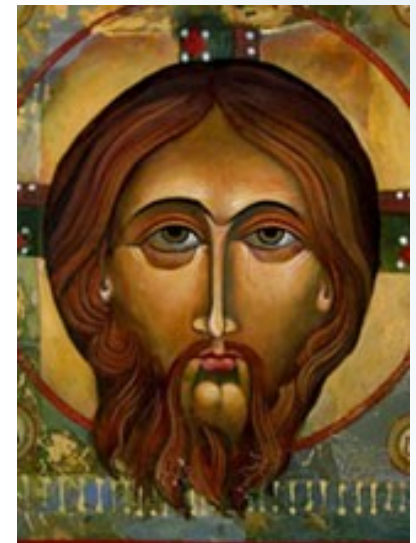
Phone: 302-645-8479  
Fax: 302-645-0986  
E-mail: [jross@stpeterslewes.org](mailto:jross@stpeterslewes.org)

## SACRED ICONS

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*A window into stillness*

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*A week-long retreat  
with Iconographer  
Mary Jane Miller  
April 17-22, 2016  
at Camp Arrowhead*



## A Journey into beauty

Icons are windows on a world that calls us to be still and rest in a place of thankfulness with God. Traditional icon writing is an ancient spiritual practice; an extraordinary prayer. This retreat is for all skill levels, absolutely no experience necessary. Come away to a quiet place to be creative and renewed. It is an invitation into a 2000 year old Tradition; connecting the soul to the body, the spirit to the physical. The icon is an organic and dynamic piece of creation that moves through time to speak to us. The key is to maintain its universality so that it may reach across generations. The creation of each icon is a spiritual journey steeped in tradition and culture.

## About the retreat leader

Mary Jane Miller is an experienced iconographer having worked for ten years in egg tempera and 23k gold leaf. The technique dates back to the Egyptian mummy portraiture; earth pigments suspended in hot wax used during the first century evolved into the use of dry pigments and egg yolk. A full-time artist for over 30 years, currently lives in San Miguel de Allende, Mexico, where she paints and teaches the lost art of Icon writing as a prayer form. Her understanding of spiritual symbology and her skill result in an experience that is deeply meditative as well as artistic. She teaches using traditional medium of egg tempera and gold leaf.



## A residential retreat at Camp Arrowhead

Camp Arrowhead is located west of Lewes, Delaware and operated by the Episcopal Diocese of Delaware. Nestled on Rehoboth Bay, there are numerous nature trails and bucolic vistas to feed the soul, making it the perfect inspirational location for a spiritual retreat. In addition to time for prayer, reflection and instruction, you will have ample opportunity to explore and rest. Residence at the camp is part of the retreat experience.

