

## A Special Invitation to SOAR with SYNERGY in 2016



### ...And Fly to New Heights of Heart-Centered Success!

In honor of the upcoming New Year, I'm over-the-moon excited to invite you to join us in creating **Balanced Success** with more grace and ease in 2016.

Here are all the details on my transformational program for women who want to truly thrive in work and life! (plus an amazing Early-bird discount of \$200 with extra bonuses that last until January 5<sup>th</sup>!)

The **Synergy Leadership Development Program** is designed to provide massive support, structure, encouragement, accountability, clarity, training, laughter, mindset shifts - and of course to teach you how to create balanced success next year. Don't miss out on a phenomenal opportunity to **SOAR with SYNERGY in 2016!**

**My Mission:** To provide Exceptional Leadership Training and Professional Group Coaching, giving you the necessary tools to stay Focused, Positive, and Excited about Work and Life while promoting Highly Productive, Heart-Centered Collaboration and Balanced Success.

**Here's EVERYTHING You'll Receive:**

#### Advantages:

\*Just a fraction of the 1:1 coaching investment! This all means that you'll be part of a group, which reduces the cost and provides extra support for you, AND you'll receive individual support from me through laser coaching sessions and Mastermind calls.

#### Investment:

**My intention is to make this program AFFORDABLE FOR EVERYONE. Simply choose which of these two options best suits you:**

1. \_\_\_9 easy payments of \$144.11 each (first payment due at time of registration, remaining eight payments due every 30 days thereafter). That's \$1297 total. Or 9 payments of \$166.33 after Jan 5, 2016
2. \_\_\_\$1297 in full when you register before Jan 5, 2016  
\_\_\_\$1497 after Jan 5, 2016

## Features:

- **9 Monthly Dynamic Group Sessions** that help you shift into a Success Mindset PLUS practical, step-by-step Leadership-building strategies focused on the “Synergy Blueprint for Balanced Success.” These information-packed sessions will provide the building blocks for the new tools and skills you will learn on your journey, as well as an opportunity to put them into practice right away.
- **9 Monthly Accountability and Group Mastermind calls** that bring out the wisdom and experiences of the group, along with direct coaching. Accountability is one of the top benefits of coaching. It's what will ensure that you get the most possible out of this group coaching program. In addition, for the Mastermind component of the call, you'll bring your questions and receive answers from the group. I'll facilitate the discussion and offer direct coaching as needed. You'll also provide suggestions, ideas, and your lessons learned in response to other women's questions. The group is always smarter than any single person - this format really lets the group intelligence shine. These mastermind calls are also powerful opportunities for the group to come together in support of each other (and you can never get too much support in your work and life!).
- **50% Complimentary Credit for Add-on 1:1 Coaching Reiki Healing Sessions**
- **Two Private Laser Coaching Calls, one-on-one, just you and me, to help keep you on track with your goals.** To further ensure that you receive the support you need, you get two opportunities for one-on-one time with me. In each laser call, we'll focus on a topic you pick. This can range from discussing your mindset and helping you move through limiting beliefs; to further exploring specifics of leadership. You'll be amazed at how much we accomplish in these short calls. This will also help you practice FOCUS, a key skill for productivity.
- **Downloadable recordings of each Accountability & Mastermind call.** Shortly after each group call, you will receive an MP3 recording of our call. You can review any information, class exercises, tips and discussions at your leisure. These recordings are also valuable in case you need to miss a call.
- **Powerful homework pages, exercises and activities.** These materials will support you in the work and learning you do in between our sessions. Each of these exercises and activities are designed to accelerate your growth and achievement.

**“Successful people take decisive action. They don’t over-think everything; rather, they trust their gut. When they are presented an opportunity that answers their greatest challenge, they say YES to it immediately, knowing that it was divinely given. They don’t hesitate; they don’t delay. They know that because the opportunity was presented, it was meant to be. This is the ONE universal characteristic that makes them successful and helps them create results that astound all others around them.” ~Fabienne Fredrickson**

**To reward your decisive action, the first 6 ladies who register by Dec 15<sup>th</sup> receive:**

**BONUS #1:** One hour “Synergy Success Jumpstart Session” (\$165 Value)

**BONUS #2:** Free mp3 recording of “How to Thrive in the Whitewaters of Change”

**The 2016 SOAR Programs begin** Thursday Feb 11<sup>th</sup> (eve) or Friday, Feb 12<sup>th</sup> (lunch)

### **9 SOAR Group Sessions**

- 2<sup>nd</sup> Thursdays Feb 11<sup>th</sup> thru Oct 27<sup>th</sup> 8-9:30 p.m.
- 2<sup>nd</sup> Fridays Feb 12<sup>th</sup> thru Oct 28<sup>th</sup> 11:30am-1:00 pm

**9 SOAR Group Mastermind Calls** 11:45-1 pm From the comfort of your home or office 😊 Phone # Provided upon registration.

- 4<sup>th</sup> Thursdays February 11<sup>th</sup> thru Oct 27<sup>th</sup> 8-9:30 p.m.
- 4<sup>th</sup> Fridays February 12<sup>th</sup> thru Oct 28<sup>th</sup> 11:30am-1:00 pm

### **Investment:**

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**Top-Notch Employers realize the value of creating a culture of excellence within their organizations, investing in leadership development on behalf of their employees. Balanced Success promotes higher productivity, greater resilience, and deeper fulfillment so high-achievers can burn brightly without burning out.**

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**P.S. Sure, You can try to do it on your own. And re-invent the wheel. And indulge in painful, costly, massive mistakes, detours and heartaches. Or you can simply follow the steps in This Leadership Development Program, which is the true culmination of everything I have discovered in building balanced success. And I can't tell you how much it would mean to me to help you create this for yourself.**

**P.S.S. "If you always do what you've always done, you'll always get what you've always gotten." ~Walter Goethe**

Contact Christina Kunkle to receive more information  
540-746-5206 or [info@synergylifeandwellnesscoaching.com](mailto:info@synergylifeandwellnesscoaching.com)  
Website: [www.synergylifeandwellnesscoaching.com](http://www.synergylifeandwellnesscoaching.com)

### **This Group IS NOT for you if:**

- You just **want to hang out** and chat.
- You **aren't willing** to do whatever it takes to create your success.
- You are looking for a **quick fix**.
- You **blame** outside circumstances for your results.
- You **whine**.
- You **complain**.
- You **need things your way**.
- You **like your comfort zone**.
- You **aren't ready** to take a stand for your Success.
- You **don't like to have fun**.
- You **don't care** about having more peace in your life.

### **This Group IS For you if:**

- You want **high-energy, high-content**.
- You appreciate a mentor who is **willing to be vulnerable**.
- You want a mentor who will **pull back the curtain** and share it all.
- You know who you're **BEING** is only part of the leadership success equation.
- You know what you're **DOING** is only part of the leadership success equation.
- You work well with being given tons of **resources and templates**. You know you want to work smarter not harder.
- You will do whatever it takes to create your success – **you just need to be shown the way**.
- You have a **heart of gold and are willing to work with others**, laugh with others and receive support from others.
- You like winning **prizes**.
- You want a **hands-on program** so you can implement right away.
- You appreciate having your **questions answered**.

### **My wish for you is:**

- That you **lead with your heart**, not your head.
- That you **let go of the load of long-ago messages** & beliefs that said "You Can't."
- That you **give willingly**, trusting the same will be given back to you.
- That you **stand tall, stand proud, stand strong** and declare LOUDLY, "These are my unique gifts and I choose to share them with as many people as possible."
- That you **stop complaining** and start creating.
- That you claim clearly, "**NO**, I will not be just like everyone else."
- That you set yourself up to **be supported**.
- That you **stop hiding** and start sharing.
- That you **open your heart**, put down your shield and allow yourself to receive.

**"There is a space for you in the world with your name on it...and your part is the lead part. No matter who you are, it's the lead. Because only you can play it, and without you it doesn't happen." ~Flo Magdalena**

 **SYNERGY Leadership Development Program Application** 

Please complete, (E)-sign & return agreement  
Or mail to 4033 Cannery Woods Drive, Bridgewater, VA 22812  
to save your space in the program

Name \_\_\_\_\_

Address \_\_\_\_\_

Day Phone \_\_\_\_\_ Evening \_\_\_\_\_

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For your convenience I accept **credit cards** through Pay Pal, and **checks** upon request.

Your payments **may be tax deductible as a Professional Development expense** or able to be withdrawn from flexible spending accounts. Please check with your employer &/or tax consultant.

**To help ensure our time together is spent on issues that are of greatest importance to you, please keep payments easy-breezy. I ask for your prompt attention to this detail.**

I understand that Christina Kunkle is not a licensed therapist and that I am responsible for all my decisions, actions and feelings.

**Congratulations** on giving yourself the gift of Coaching! Get ready for the amazing results of having **Inspiration, Motivation, Education, Synergy of Partnership, and Accountability** built into your powerful Group Coaching program!

**Participant Signature** \_\_\_\_\_ **Date** \_\_\_\_\_