

3rd Annual SPIN-A-THON



5 hours to raise \$10,000!

Saturday, April 25 @ 7am-noon

A FUN day of spinning to benefit **Second Growth** and **Upper Valley Aquatic Center** scholarship funds.

- 20 bikes available
- Six 50-minute classes*
**spin for one or more*
- Great food and prizes!
- Must be 14 or older
- Minimum donation \$50/hr
- Make a team or come by yourself
- Great for first timers or experienced spinners

No need to ride. Make a donation and a swim team member will ride for you!

Pledge forms and registration at secondgrowth.org

