



Adolescent & Young Adult Substance Abuse Counseling & Recovery Support Groups

Second Growth's support groups for adolescents and young adults are free, confidential, and facilitated by an experienced counselor.

Please contact us for more information
before attending your first meeting.



Getting Clear | Mondays 6:00-7:00 pm
Young Men's Recovery Group ages 16-30



Momentum | Fridays 6:30-7:30 pm
Young Women's Recovery Group ages 14-24



Making Change | Wednesdays 6:00-7:00 pm
Co-ed Beginner's Recovery Group ages 14-21



Creative Writing | Fridays 3:00-4:00 pm
Co-ed Group ages 14-24

COUNSELING

The Second Growth staff provides counseling and support to young people and families struggling with the complex issues of addiction or substance abuse.

Our counselors use a compassionate and motivating style to engage clients in conversations about behaviors leading to substance abuse and work to build new skills to develop resiliency for a clean and healthy lifestyle.



Better Choices: An early-intervention resource for young people who have been involved in a first offense.



Individual & Family Counseling: Assessments and counseling are individualized based on client needs. Referrals are made to additional treatment, as necessary, to ensure appropriate levels of care for all clients.