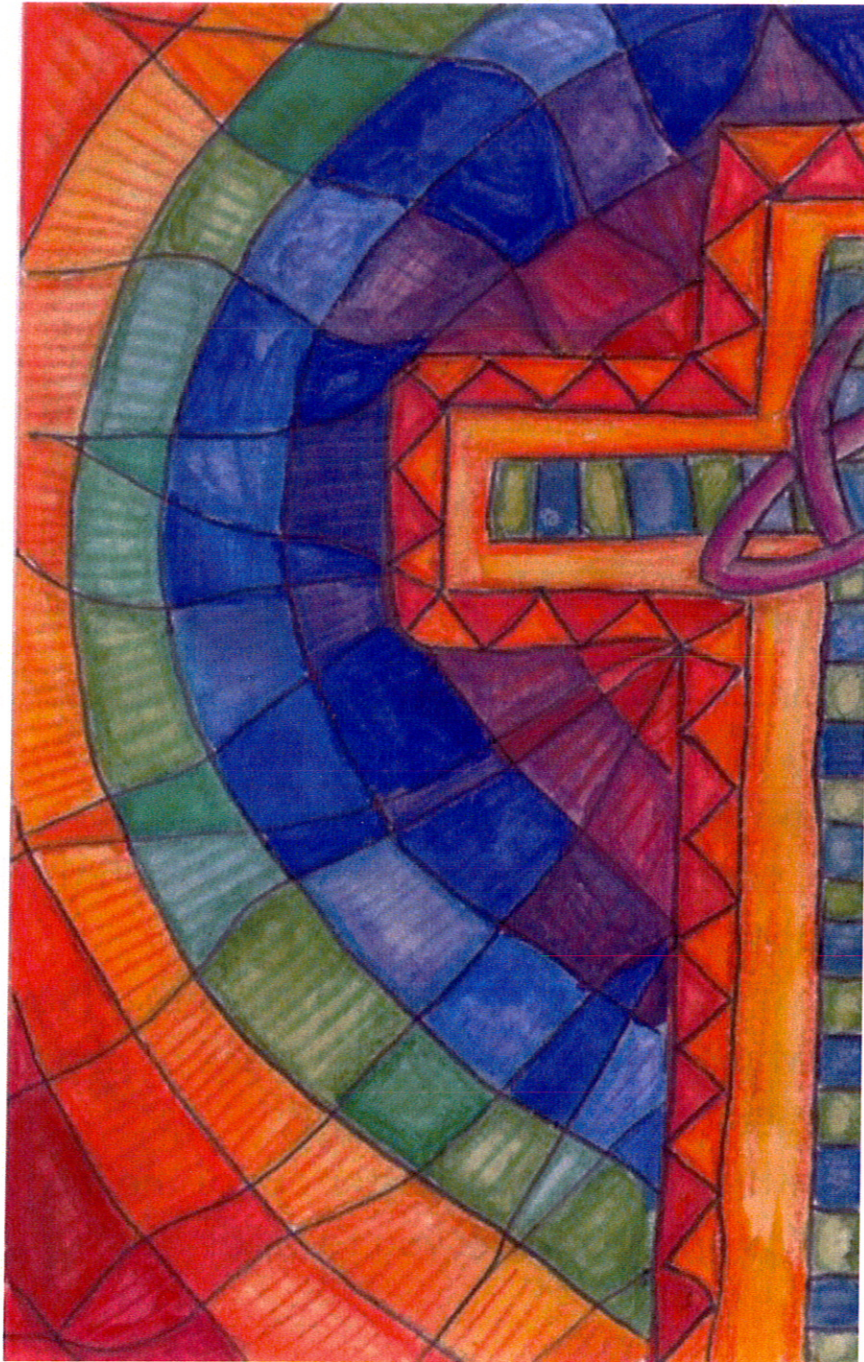


Journey through Lent



Week 2- Love your neighbours!

You will need: paper cut into heart shapes, pens or pencils.
Scavenger hunt sheet.

Walk around the streets of your neighbourhood as a family.
Give each child a scavenger hunt sheet. When you get to a street sign, write down the name of the street on a paper heart. Look out for things on the scavenger hunt sheet:

dog
cat
football
shop
litter bin
park
school
bus stop
traffic light
pedestrian crossing

When you get home, choose a paper heart and pray for God to bless the people on that street. What else could you pray about, based on the scavenger hunt? Eg. people staying safe on the road, thank God for pets, pray for friends at school....

Each day pray for a different street.

Week 3- Hospitality

Make a special family meal and invite at least one friend of the family to come and share it. Get dressed up for the occasion!



or

Make a cake for a neighbour or friend as a special surprise. Try to use Fair trade ingredients. Find out more here:
http://www.fairtraderesource.org/downloads/fair_trade_recipes.pdf

Week 4- Giving

This week either:

collect a bag of unneeded clothes and take them to a charity shop.

or

Save all your small change and donate the total you raise to a charity.

Think about the favourite things that you own and say thank you to God for them. Colour in the *colouring sheet*.

Week 6- Fasting

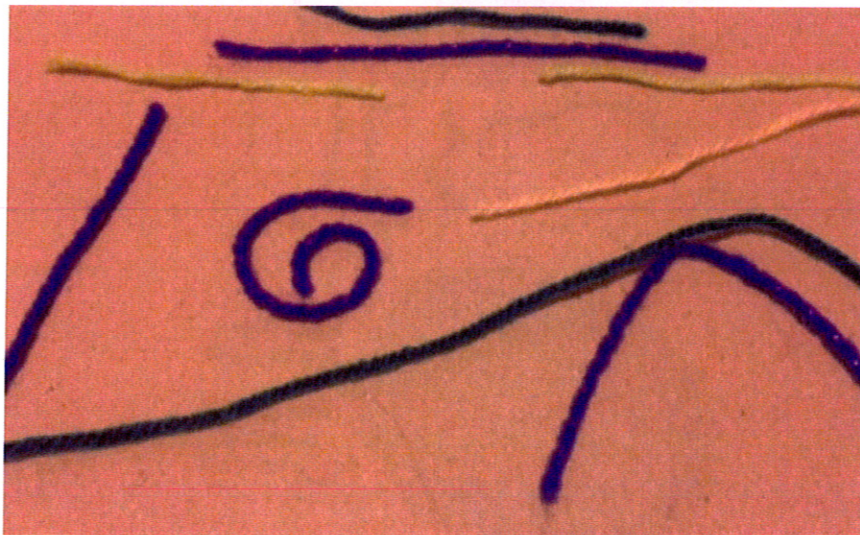
In the wilderness, so he could focus more fully on God, Jesus didn't eat or drink for 40 days. ***Give up something you like*** doing for one or two days e.g. listening to music, watching TV, playing computer games, eating chocolate and sweets

Sandpaper prayers

Speak about how difficult it was to give up something for even one or two days. What about people who live difficult lives all the time?

Feel the sandpaper and think about people who are having rough times.

Make a picture on the sandpaper with the wool and pray that God will help them to have a brighter, better time and will give them hope.



Easter Day- Celebrate

Easter Smarties Poem

You will need a small box or tube of Smarties each.

Say the poem and eat the appropriate coloured Smartie!

Pink for the people who came and praised,

Green for the palm leaves that they raised;

Purple for the robe that Jesus wore,

Brown for the cross that Jesus bore;

Red for the blood that Jesus
shed,

Blue for the tears when he
was dead;

orange for the stone that
was rolled away,

Yellow for joy- He's alive
today!

