

Pancake Breakfast

and Resource Fair to benefit

Meals on Wheels and Senior Outreach Services'



Proceeds will provide home safety
modifications for seniors at risk for falls



Sunday, October 2

8:30 a.m. — 10:30 a.m.

**The Pleasant Hill Senior Center
233 Gregory Lane,
Pleasant Hill**

Our Fall Prevention Program is made possible in part through the generous support of
John Muir Health and the Area Agency on Aging.

Thank you to the Pleasant Hill Senior Center for their valuable partnership for this event.



**Meals on Wheels and
Senior Outreach Services**



Thank you to our
Platinum Pancake
Presenting Sponsors



Thank you to our
Golden Griddle Sponsors

24 Hr Homecare

Actikare Home Care

Addus Home Care

Carlton Senior Living

Clear Captions

Eldercare Services

Episcopal Senior Communities

Home Instead Senior Care

IndeeLift

Oakmont of Concord

Ombudsman Services of CCC

Tender Heart Home Care

**Call 925-937-8311
for tickets or
purchase at door**

Pancake Breakfast tickets are

Ages 11 and up: \$5

Children 4-10: \$3

Children Under 4: Free

[https://secure.donationpay.org/
mowsos/pancake.php](https://secure.donationpay.org/mowsos/pancake.php)