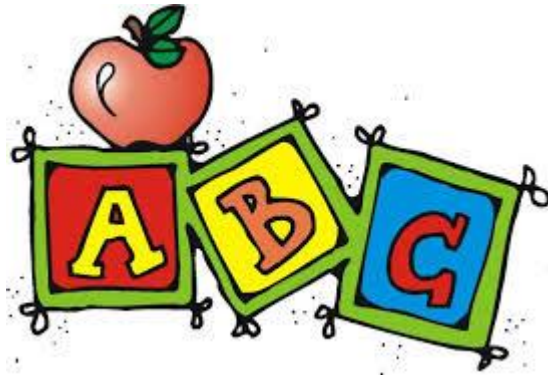


Updated August 27, 2015

ABC's of Gratitude – Sarita's List



I am grateful for...

- A - Army childhood
- B – Barter & bargains
- C - Cool clients
- D – DVRed tv shows
- E - Education (UMCP)
- F – Friends & family
- G – Great guy (my new husband!)
- H – Health & humor
- I – Independence
- J - Jpgs/ Technology
- K - Kindness of others
- L – Lattes and lipstick

M- Memories of Mom

N – Naps!!!

O - Opportunities

P – Partnerships

Q- Quotes that motivate

R – Room service

S – Speaking Business

T- Travel

U- U.S.A.

V- Veterans (like Dad)

W- Word of mouth (business referrals)

X- Xpectations Xceeded

Y- YMCA

Z- Zumba

What are your ABC's of Gratitude? Feel free to use the ABC's template for your staff development, networking event...or family reunion!