

Activity Page

MAY, 2015

Monday		Tuesday	Wednesday	Thursday	Friday
<u>Phone Numbers for Meal Sites</u> Macomb 837-5733 Bushnell 772-2279 Blandinsville 652-3253 Colchester 776-4366 Industry 313-4558		Information & Assistance & 1-844-508-7961	Blandinsville: Blood Pressure 3 st Thurs. 11-12 of month bingo 2 nd Thurs. Colchester: Cards Tues. 11:00, Blood Pressure 1 st Weds. of the Month 10:45-11, Bingo, 1,2,3 Weds. at 1:00 Bushnell: 1 st and 3 rd Weds. Pitch 1:00 and Blood Pressure Industry: Blood Pressure 2 rd Tues. 10:30-11:30		1 1:00 Canasta 1:30 Billiards (8 ball) 1:30 Water Workout
4 10:00 Balance Stretch 11:30 Lunch 12:00 Speaker (Macomb) 1:00 Billiards game (8 ball) 1:00 Craft Time (Macomb) 1:30 Water Workout 3:00 Beginning Knitting (Macomb)	5 8:00 Master Builders 8:15 Aqua Dance 11:30 Lunch 4:00 Kneedlers group (Macomb)	6 10:00 Forever Fit 11:30 Lunch 12:00 Beginning Knitting (B-ville) 12:30 Scrabble (Macomb) 1:00 Billiards game (8 ball) 1:30 Water Workout	7 8:00 Master Builders 8:15 Aqua Dance 11:30 Lunch 5:30 Card Playing (Pot Luck)	8 10:00 Balance Stretch 11:30 Lunch 1:30 Billiards (8 Ball) 1:30 Water Workout	
11 10:00 Balance Stretch 11:30 Lunch 1:00 Billiards game (8 ball) 1:00 Craft Time (Macomb) 3:00 Beginning Knitting (Macomb)	12 8:00 Master Builders 11:30 Lunch 4:00 Kneedlers group (Macomb)	13 10:00 Forever Fit 10:00 Balance Stretch 11:30 Lunch 12:00 Beginning Knitting (B-ville) 12:30 Scrabble (Macomb) 1:00 Billiards game (8 ball)	14 8:00 Master Builders 10:45 Blood Pressure Screening (Macomb) 11:30 Lunch 1:00 Line Dancing 6:00 Card Playing	15 10:00 Balance Stretch 11:30 Lunch 1:30 Billiards (8 Ball)	
18 9:30-10:45 Special Craft Time 10:00 Balance Stretch 11:30 Lunch 12:30 Bingo (Macomb) 1:00 Billiards game (8 Ball) 1:00 Craft Time Macomb) 1:30 Water Workout 3:00 Beginning Knitting (Macomb)	19 8:00 Master Builders 8:15 Aqua Dance 11:30 Lunch 4:00 Kneedlers group (Macomb)	20 10:00 Forever Fit 10:00 Balance Stretch 11:30 Lunch 12:00 Beginning Knitting (B-ville) 12:30 Scrabble (Macomb) 1:00 Billiards game (8 ball) 1:30 Water Workout	21 8:00 Master Builders 8:15 Aqua Dance 11:30 Lunch 1:00 Line Dancing 6:00 Card Playing	22 10:00 Balance Stretch 11:30 Lunch 1:30 Billiards (8 Ball) 1:30 Water Workout	
25 YMCA OPEN 12:00 – 5:00 NO MEALS SERVED 	26 8:00 Master Builders 8:15 Aqua Dance 11:30 Lunch 4:00 Kneedlers group (Macomb)	27 10:00 Forever Fit 10:00 Balance Stretch 11:30 Lunch 12:00 Beginning Knitting (B-ville) 12:30 Scrabble (Macomb) 1:00 Billiards game (8 ball) 1:30 Water Workout	28 8:00 Master Builders 8:15 Aqua Dance 11:30 Lunch 1:00 Line Dancing 6:00 Card Playing	29 10:00 Balance Stretch 11:30 Lunch 1:30 Billiards (8 Ball) 1:30 Water Workout	