

Program Guidelines

The statewide *Active Gamecocks* program will help foster elementary school childrens' interest in team sports and physical activity and combat increasing problems in childhood obesity. This year's plan will be divided into three segments: fall, winter, and spring, which will offer students three opportunities to become *Active Gamecocks* with incentives to attend several South Carolina sporting events.

The following information is an overview of the 2015-2016 Active Gamecocks Program.

Eligible Participants:

South Carolina's elementary school students grades K-6

Program Specifics:

This year's spring Active Gamecocks games are scheduled as follows:

Sunday, Septemeber 27, 2015 Women's Soccer vs. Alabama @ 6PM

Sunday, October 11, 2015 Volleyball vs. Texas A&M @ 1PM

Saturday, Novemeber 7, 2015 Men's Soccer vs. Coastal Carolina @ 7PM

* Schools and organizations may participate in one or all segments of the program *

Rules:

Students will record their daily physical activities on their log sheets. Students enrolled in the program must meet an average of 30 minutes of physical activity per day for a two week period (parents or guardians should initial the student's activity log). Please help to maintain the integrity of the program by ensuring the student is participating in physical activity for the time specified.



Physical Activity Log

Name:		Grade:	
Classroom	Teacher:	£	
*Parents: P between A	lease keep record of the amo lugust 31, 2015 – September	unt of physical activity that y 11, 2015.	our child completes
<u>Date</u>	Type of Activity	Time of Activity	Parent's Initials
		30	

*All students who participate will earn tickets to the following Active Gamecocks games:
Sunday, September 27: Women's Soccer vs. Alabama @ 6PM
Sunday, October 11: Volleyball vs. Texas A&M @ 1PM
Saturday, November 7: Men's Soccer vs. Coastal Carolina @ 7PM

