



Program Guidelines

The statewide *Active Gamecocks* program will help foster elementary school childrens' interest in team sports and physical activity and combat increasing problems in childhood obesity. This year's plan will be divided into three segments: fall, winter, and spring, which will offer students three opportunities to become *Active Gamecocks* with incentives to attend several South Carolina sporting events.

The following information is an overview of the 2015-2016 *Active Gamecocks* Program.

Eligible Participants:

South Carolina's elementary school students grades K-6

Program Specifics:

This year's spring *Active Gamecocks* games are scheduled as follows:

Sunday, Septemeber 27, 2015

Women's Soccer vs. Alabama @ 6PM

Sunday, October 11, 2015

Volleyball vs. Texas A&M @ 1PM

Saturday, Novemeber 7, 2015

Men's Soccer vs. Coastal Carolina @ 7PM

*** Schools and organizations may participate in one or all segments of the program ***

Rules:

Students will record their daily physical activities on their log sheets. Students enrolled in the program must meet an average of 30 minutes of physical activity per day for a two week period (parents or guardians should initial the student's activity log). Please help to maintain the integrity of the program by ensuring the student is participating in physical activity for the time specified.

