

2015 Women's Retreat Workshops

WORKSHOP DESCRIPTIONS, LOCATIONS and LEADERS:

Workshops are offered one hour before lunch and an additional two hours after lunch. Most workshops will be available in the morning hour. Some workshops will only be available in the afternoon and some will be offered at both times. Check the list for specifics for the your preference.

Workshops for Session One (11:00 - 12:00)

Speaker	Topic	Location
Melissa Duriga	<u>When the Missionary is Your Son or Daughter</u>	Oakwood B
Missionaries are real people with families who are affected by their decision to go to a mission field. Come hear some stories of those who have sent a child off. If you have sent a child to the field, please come and be ready to share some of your experience if you wish.		
Brenda Easton	<u>Card Making Craft</u>	Oakwood D
Come enjoy making cards using the Iris paper folding technique. Limit: 12 ladies.		
Sandy Hall	<u>Women's Health: Ideas You Can Use.</u>	Oakwood A
Things you can do looking forward to a lifespan that can take you into your 80s and beyond. You may encourage yourself to do things now that can help prevent health problems along the way. Let's face it, most areas of our lives are affected by our health. The things we do about our health today can increase the quality of our lives tomorrow. Let's look at some ideas we can use and things we can do to help us "get on living."		
Christine Woolf	<u>BEAUTIFUL WASTE</u> Matt.26:8-10	Main Hall
Often times the world may view our efforts as waste, Jesus declares them beautiful. Come be encouraged in the seasons of dryness, broken dreams, heaviness of life and wastelands of the past.		

Workshops for Session Two (1:00 - 3:00 PM)

Janene Jackson	<u>Art Journaling Made Easy</u>	Dogwood Lodge
Put your thoughts, prayers and praises to paper in a way that is meaningful to you. Wear old clothes or bring a full apron and prepare to get messy with your faith! Come prepared to have fun! Supplies to bring: scissors, a roll of paper towels, double sided tape or tape runners, glue sticks, favorite Bible verses, rubber gloves, washi tape and drawing supplies - pens with waterproof ink, colored pencils, crayons? Hair dryer optional. Journals and other supplies will be provided. Limit: 5-8 ladies.		
Rev Tami Wenger	<u>Learn to Forgive and Fly Free Workshop</u>	Main Hall
Are you a Grudge keeper? Join us as we learn how to forgive those who have hurt us, lose the weight of the grudges and fly free. Matthew 19:26 tells us, "With God all things are possible."		
Unity Boyd	<u>Jewelry Making (bracelet, key chains, necklace or earrings)</u>	Oakwood C
Come join me in making key chains, bracelet or necklace that will celebrate your faith and give praise to the Lord. There will be a small fee of \$3 for key chains/bracelet/earrings and \$6 for a necklace. Limit: 10 ladies.		

**2015
WMF
RETREAT**

**W
O
R
K
S
H
O
P
S**