General Dinner Meeting - Tuesday, May 24th
Conquering Biofilm with Ease

with Darcie Bell, RDH, BS

Location: Patterson Education Center - 4030 Sorrento Valley Blvd, San Diego, CA 92121

Registration: 5:30pm Course: 6:00pm - 9:00pm CEUs: 2

Course Description:
This fast-paced lecture provides you with the most current science behind biofilm management and gives you the opportunity to learn about some of the latest technologies to help you win the battle against subgingival biofilm. Discussion will focus on: Utilization of air polishing and piezoelectric scaling equipment, application of supra and subgingival air polishing techniques, characteristics and application for various air polishing powders, implementation of air polishing therapy into your treatment protocol. Participants will leave with a sense of assurance and confidence in their approach to subgingival biofilm maintenance.

Learning Objectives:

- Understand the basics of biofilm and its management
- Connect the role of air polishing and piezoelectric scaling to successful biofilm management
- Differentiate between supragingival and subgingival air polishing technology
- Provide greater comfort to their patients during clinical procedures
- Identify steps to integrate air polishing into clinical protocols
- Discover the “return on investment” potential for the practice

Darcie Bell is an internationally experienced clinician who started her dental career in Europe as a dental assistant. Upon her return to the United States she acquired her Bachelors of Science degree in Dental Hygiene from Loma Linda University, and was awarded the dental hygiene honor of Sigma Phi Alpha. Darcie currently works as adjunct faculty at Southwestern College where she started the Sigma Phi Alpha chapter awarding students for academic achievement. Darcie has always held a strong commitment to motivating students and patients alike on both a local and international level. She is excited to join Hu-Friedy as a Dental Hygiene Consultant to bring the latest innovation of Piezon® and Air-Flow® technology to her fellow colleagues. She is also the Immediate Past President of our component in addition to serving as HOD Delegate.
You can also register online at SDCDHS.net!

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San Diego County Dental Hygienists’ Society

General Dinner Meeting - Tuesday, May 24th

Conquering Biofilm With Ease

with Darcie Bell, RDH, BS

♦ Mail check, proof of ADHA or ADA membership (copy of card or member number) and completed registration form to:

Ashley Quezada 2718 Penkea Dr. Oceanside, CA 92054

♦ Make check payable to SDCDHS. Complete a separate registration form for each person registering. Copy form as needed.

♦ Paying by check or online you MUST mail (address above) or email registration form and proof of ADHA/ADA membership to: flossinandglossin@hotmail.com

Name: __________________________ Title: __________ CA License Number: __________

Address: __________________________

Home Phone: __________ Cell Phone: __________ Email: __________

☐ ADHA Member *    ☐ ADHA Potential Member     ☐ ADA Member*
☐ ADA Non-member     ☐ DA/RDA/Admin     ☐ DH Student

* Must include copy of current membership card to be eligible for member fees

Please list any special dietary needs: __________________________________________

CEU Seminar Fee: $ ____________ Payee/Check#: __________

Confirmation of registration will NOT be mailed. Cancellations require a 72 hour notice for full refund. A $20 charge will be assessed for returned checks. Reservations will not be processed without valid payment.

Fee Schedule:

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We look forward to seeing you!
A Message From the President

Hello everyone, I hope this bulletin finds you all well and enjoying these beautiful days of spring. We may have appeared to be quiet this past month, but in actuality, we have been extremely busy trying to organize our San Diego delegates that will be going to Fresno the beginning of June for the House of Delegates. Our Trustee Heidi Coggan has been painstakingly involved in this confusing business of the CDHA planning to separate from the ADHA. I am including a letter from both CDHA and ADHA, so that you, the hygienists of San Diego county component, will not be completely in the dark as to what is going on with your national organization. I need to be neutral here in this message. As your current leader, it is my duty to put the needs of all of you ahead of my personal feelings, and I have made contact with both the President of CDHA and the President of ADHA to try and discern what is the best for our members. I wish I could fill the rest of this message up with rainbows and butterflies, but my heart is heavy with all that is going on in our organization. So I will end with wishing you all the best in your endeavors, and hope to see you all soon.

Brad Cushman RDH BS
SDCDHS President

Bridge the Gaps

The Political Action Committee of the California Dental Hygienists’ Association

CalHyPAC is a voluntary, non-partisan, political advocacy committee that is an essential part of CDHA's government relations program. CalHyPAC is the only California PAC that represents California dental hygienists. The PAC consist of 6-10 dental hygienists who are appointed by the CDHA President to research candidates for state elected office and learn which candidates best align with our views on access to care and improving oral health for all Californians. The PAC puts forth time and effort to ensure your contributions are spent on candidates whom shares in our values. Our success is in your hands; CalHyPAC is 100% dependent on your donations. Please donate to secure your voice in California!

To donate online please visit: www.calhypac.org
If you have any questions, please contact CalHyPAC at: calhypac@gmail.com
Your Newly Elected 2016-2017 Executive Board

Congratulations to our future Executive Board! We are excited to see what these talented, smart professionals have to bring to the table! Your elected officials are as follows: Heidi Coggan - Trustee, Tsuyoshi Nakata - Treasurer, Trish Thomas - Alternate Trustee, Shiva Abad - Vice President of Professional Development, Darlene West - Recording Secretary, Ashley Quezada - President Elect, Brad Cushman - President, Darcie Bell - Immediate Past President
March General Meeting Highlights

The Handlery Hotel on February 23rd was the setting for SDCDHS General Dinner CE meeting and the 2015-2016 Executive Board elections. Cindy Purdy gave an interactive highly useful presentation on “Healthy Strategies to Avoid Workplace Tragedy”. One of the lucky attendees won her very own Crown Seating saddle chair in the raffle drawing. A special thank you to all our corporate representatives for their continued support. We look forward to seeing everyone at our next General Meeting in May!
Oral Cancer Foundation Walk/Run for Awareness

April is the National Oral Cancer Awareness month and San Diego County Dental Hygienists’ Society helped bring oral cancer awareness to the city of San Diego by participating in San Diego’s first Inaugural Oral Cancer Foundation’s Walk/ Jog for Awareness 5K. There were 136 participants of which 5 were oral cancer survivors, dental hygiene students and faculty from Southwestern College and San Joaquin Valley College also participated along with various dental offices, friends and family! There were four volunteer dental providers that performed 81 free oral cancer screenings and no suspicious lesions were detected. If you missed this Inaugural event, and would like to participate next year, save the date: April 1, 2017 at DeAnza Cove in Mission Bay (more information to come in the Fall 2016).

If you have any questions, please contact Trish Thomas, RDH – Oral Cancer Foundation’s San Diego Event Coordinator at: trish.ocf.ca@gmail.com
Dear Fellow Colleagues:

The California Dental Hygienists’ Association (CDHA) announces that it has terminated its charter relationship with the American Dental Hygienists’ Association (ADHA). CDHA is therefore, by way of this announcement, advising our members and professionals in the dental hygiene field that CDHA is no longer affiliated with ADHA.

CDHA did not arrive at this decision quickly or easily. Like many of you, CDHA has for some time questioned whether the benefits provided by ADHA justify the dues ADHA imposes. ADHA put this issue into sharp focus on October 30, 2015, when, it presented CDHA with a new written Charter Agreement - drafted by ADHA without any consultation with CDHA - and insisted that CDHA sign it by April 1, 2016. This new charter agreement would have imposed significant new obligations on both CDHA and its Components while providing virtually no additional benefits. Problematic portions of the proposed charter agreement include requirements that CDHA radically alter the structure of its Components and that both CDHA and its Components be forced to turn over all of their collective funds and records to ADHA in the event that this new charter agreement is ever revoked or terminated.

Over the past several months, CDHA contacted ADHA and asked for changes to the proposed charter agreement. By letter dated March 2, 2016, ADHA’s legal counsel made it clear that ADHA would not discuss any changes. ADHA’s counsel wrote: "The Constituent Charter Agreement is uniform across the organization. ADHA will not modify the charter agreement."

ADHA’s intransigence left CDHA with no options. Upon extensive review and discussion with its legal counsel, the CDHA Board of Trustees voted on March 18, 2016, to terminate any existing charter agreement with ADHA. This decision was based on their concern for the welfare and best interests of CDHA and its members. A formal letter of notice was forwarded to ADHA on March 21, 2016. That letter expressly left open the possibility that CDHA would consider signing a new charter agreement if ADHA reconsidered its position and agreed to modify key provisions of the draft document. CDHA has made that same offer to ADHA on at least two later occasions, but ADHA remains unwilling to discuss any changes to the most problematic portions of the charter agreement. ADHA has recently attempted to disguise this hard position by claiming that it was willing to discuss CDHA's "status as a constituent" and that its legal counsel was available to discuss the "specifics of the charter agreement." Those offers are unhelpful because CDHA's "status" under the new agreement and the "specifics" of that new agreement are clear. What CDHA needs is ADHA to make changes to key provisions of the proposed charter agreement. ADHA remains unwilling to even consider this concept.

Faced with the loss of its largest Constituent, ADHA has attempted to undo this decision by challenging, without any credible basis, the authority of CDHA’s Board of Trustees. ADHA is now communicating directly with CDHA members in an effort to persuade CDHA’s House of Delegates to reverse the Board’s decision when the House meets at its June 3-5, 2016 meeting.
It has always been CDHA’s intention to have its House of Delegates review and discuss these issues in depth at the June meeting. In the meantime, CDHA trusts its members will recognize that CDHA continues to work diligently and tirelessly to promote the interests of California dental hygienists and the dental hygiene profession. CDHA remains committed to further developing our professional relationship with the thousands of California dental hygienists who provide necessary and important care within their communities.

CDHA is your voice, representing and leading California dental hygienists. Please be patient as we move forward to implement the changes to our organization and your membership necessitated by this restructuring. We will provide you with updates as this matter develops.

Thank you for your continued confidence and support.

Sincerely,

Lygia Jolley, RDH, BA, President
Julie Coan, RDH, MPH, President-Elect
Karine Strickland, RDHAP, BS, Immediate Past President
Tracy Boyan, RDHAP, BS, Secretary-Treasurer
Laurel Bleak, RDH, BSDH, Vice President Administration and Public Relations
Brenda Kibbler, RDHAP, BHSc, Vice President Membership and Professional Development
April 25, 2016

Dear CDHA Delegate:
“Alone we can do so little; together we can do so much.” Helen Keller

As a member of the House of Delegates (HOD) you play a crucial role in setting policy and bylaws that not only impact the future of the California Dental Hygienists’ Association (CDHA) but also the future of dental hygienists across your state and the profession as a whole. I recognize that you, as a delegate, have the responsibility to represent your members’ interests and voices in matters brought before you. This is an important position.

Perhaps your biggest decision to date will come at the CDHA HOD meeting this June. As you may know, the CDHA Board has notified The American Dental Hygienists Association (ADHA) of its decision to “secede” from ADHA and no longer belong to our tripartite structure. The CDHA Board also indicated they would not be signing the new Charter Agreement. We are extremely disheartened by this decision and are even more concerned that we received this notification before your HOD had an opportunity to take action. As a fellow District XI member, no one is more disappointed in the action CDHA's Board has taken than I.

What does this mean for you? ADHA contends, as in accordance with the CDHA bylaws, that your HOD holds the power to make this impactful decision. To do that, you need accurate information and a strong awareness and understanding of the consequences. This decision will ultimately have a profound and lasting effect on members of our respective organizations and the future direction of dental hygiene in California. It’s important to note that ADHA will respect the CDHA HOD’s final decision and will take appropriate action based on your decision.

I want to assure you that we have attempted to keep the lines of communication open with CDHA leaders in hopes of achieving a mutually beneficial outcome. Our hope and goal throughout is to continue our more than 90-year affiliation and that CDHA will remain a constituent in our tripartite structure.

Unfortunately there has been misinformation circulated in California that needs to be addressed and clarified. I’d like to share a few ways that we plan to do that:

ADHA’s BOT decided to revoke CDHA’s current charter pending the outcome of your HOD meeting in June. This decision was made to ensure that time is provided to your governing body to carefully consider all of the benefits of remaining part of the tripartite structure. The intent to revoke letter explains more about recent communications, the Charter Agreement, and most important the consequences of CDHA losing its status as a constituent. ADHA provides extensive benefits to CDHA and its members. Learn more about these and the impact of losing access to them on the attached list.
(ADHA - continued)

I am personally inviting you to attend our upcoming Town Hall meeting via WebEx held May 24 at 12 pm (Pacific Time). Learn more about the Charter Agreement and get answers to your questions. Register here. I sincerely hope you will participate.

I, along with several ADHA leaders and senior staff, will be attending your HOD meeting in June. We will be available to answer your questions and to personally show our commitment and spirit of cooperation in this matter.

Thank you for taking the time to read this important information. I look forward to speaking with you and answering your questions so that you can make the best decision possible. In the meantime, please send any additional questions or comments to askadha@adha.net

Together, we have a powerful voice. Upward!

Jill Rethman, RDH, BA President
This year’s Board of Trustees meeting was held in Los Angeles on March 18-19. Many exciting topics were discussed and decided upon at this year’s meeting. First the Infrastructure Taskforce held a Mega Issues Round Table Forum. All attendees were divided into 4 groups and were asked to address 4 very thought provoking questions about the future of CDHA in regards to ADHA. The questions were as follows:

1. What do we know about our stakeholders’ needs, wants, and preferences that are relevant to this decision?
2. What do we know about the current realities and evolving dynamics of our environment that is relevant to this decision?
3. What do we know about capacity and strategic position of our organization that is relevant to this decision?
4. What are the ethical implications of this decision?

The answers were many and varied. The basic break down is that, in order to remain relevant, we need to have better communication with our members and potential members and recognize that the current job market is a concern. Just recently, CDHA has partnered with Dental Post, a job placement agency. If you are member of CDHA, Dental Post will offer a free 90-day Premium Account service! This is exciting and moving us in the right direction. CDHA does have many great leaders and mentors to connect with, as well as a management company that helps us with our daily functions. In order to best serve our membership, we need and do collaborate with other organizations that help to promote overall, as well as oral health.

This year’s House of Delegates (HOD) will be very exciting indeed. The HOD will be held June2-5, 2016 in Fresno California. Our theme this year is “Hit a homerun with CDHA”. We will be holding an Emergency HOD early Friday morning to discuss the ADHA Charter Agreement only. Then Friday afternoon, we have opening ceremonies and begin the official business of the HOD. On Saturday evening, The Fresno Grizzlies Baseball game is recognizing CDHA and having a Dental Hygiene Awareness Night! Our very own President, Lygia Jolley will be throwing the opening pitch!!!

If you are interested in learning more about our House of Delegates or CDHA, please go to the CDHA website at cdha.org.
If you are interested in learning about any of our local San Diego events, please go to sdcdfs.net
Thank you for your interest in your professional organization.

Heidi Coggan RDHAP, BS
San Diego Component Trustee
Danice Dean, RDH MS, a long time SDCDHS member, recently presented her "Tooth Fairy" dental education program to the kindergarten students at Torrey Pines Elementary School in La Jolla. Danice has been making these presentations for almost 20 years to elementary schools and other venues in San Diego County. She has tailored her presentation (with a variety of dental accoutrements) especially for younger children and ends all of the sessions with photos with the "Tooth Fairy" and each child receives a new toothbrush! Over the years, as one can imagine, she has received a variety of unique and curious questions from 5 and 6 year old kiddies and the next time you see Danice you must ask her about these! Yes, dressing up like the "Tooth Fairy" is a super way to instill interest in proper dental hygiene to our next generation! As some might know, Danice has made Tooth-Fairy costumes available to members of our component. These dresses are adjustable so that others may have the rare and exquisite opportunity to offer a Tooth Fairy Encounter for your family and friends. If any SDCDHS member would like to get involved in this wonderful and rewarding educational endeavor, please contact Danice Dean at (858) 565-7864 or via her email: danicedean@gmail.com.
Do you have patients who can’t or simply won’t floss?

Clinical studies show that Waterpik® Water Flosser is more effective than string floss at removing plaque and reducing bleeding and gingivitis. It also improves patient compliance.

Learn more by hosting a Waterpik® Lunch & Learn

For more information contact:
Susan Clark, RDH, BS, OM
Independent Professional Educator
sgc31@Verizon.net
951-551-5153 cell
951-699-1798 FAX

ASK ME HOW TO OBTAIN 3 CEU’S

Have you protected your paycheck?

If you became disabled tomorrow, could you pay your bills?
Did you know that 3 in 10 workers will become disabled before age 65?

What would happen if you were forced to retire from dental hygiene due to a disability, could you maintain your current lifestyle?

CDHA members may be eligible to receive a discount on a disability insurance plan that is designed for the dental hygienist!

- Your policy cannot be canceled as long as the premiums are paid on time.
- This plan is portable; you can take it with you wherever you work or live.
- Your benefits can pay you up to age 67.

Craig Gussin, CLU, ChRS, DIF
858-546-4101
craig@auerbachandgussin.com
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For more info on reservations visit [www.sdcdhs.net](http://www.sdcdhs.net) or contact: Ashley Quezada RDH at flossinandglossin@gmail.com