

## **OWL – Our Whole Lives: Sexuality Education**

We know that there is so much more to sexuality than sex. In this program, trained volunteer facilitators help children and youth navigate through all the intersectional aspects of human sexuality, with an exploration of healthy relationships, body image and agency, personal self-esteem, inclusive understanding of gender, sex and other intersecting identities, and awareness of the effects of stereotypes. *Our Whole Lives* (or “OWL,” as we like to call it) is offered at UUCA at the early elementary, late elementary, junior and senior high age groups.