

Events - October 3 - 10

NOVA Pride Festival - October 3

Help the Unitarian Universalists of Northern VA spread the news of our welcoming congregations by volunteering at the booth. Noon-9pm, Bull Run Special Events Center, Centreville. Contact: Paul Roche, proche195@hotmail.com.

To be the "Church Without Walls", we need to have the skills to be effective outside and inside our walls. The three toolbox training events offer such skill training.

Tool Box Sunday - October 4

- **Give the Plate.** The Sunday offerings will go to provide funds to purchase food for AFAC (Arlington Food Assistance Center).
- **Tool Box Training.** Training in relational meetings conducted by Jessica Sarriott; advocacy training conducted by UUSJ (UUs for Social Justice in the National Capital Region); and voter registration training by Arlington County registrar. 12:30 - 2 pm.
- **Lunch of Guatemalan specialties** will be available for purchase.
- **Tibetan Children Dance.** Time to be determined.
- **VOICE Action.** Arlington County Board candidates forum. Location: Arlington Presbyterian Church. 4:30 pm.

Buddhist Meditation - Monday, October 5

Jonathan Foust, Insight Meditation Community of Washington, speaks on "Seeing Self as Other and Other as Self: The Call to Serve." 7:30 pm.

Sacred Circle Dance - Thursday, October 8

Participate in simple dancing and meditative music from many cultures and eras. All dances will be taught. No partner required. All welcome, 18 and older. Bring a simple snack to share. 7:30-9:30 pm.

Family Labyrinth Walk - Saturday, October 10

A family-friendly walk on UUCA's hand-painted labyrinth. Children and adults may experience the relaxation, insight, mindfulness, and harmony that this ancient method can support. 4:00 - 6:00pm. Last walk starts 5:30pm.

Virginia TIES Summit - Saturday, October 10

Equality Virginia's Transgender Information and Empowerment Summit offers seminars and workshops for transgender individuals, significant others, parents of transgender youth, and advocates in an inclusive and supportive environment. Free. Location: Virginia Commonwealth University, Richmond. 9:00am-5:00pm. Contact: Elizabeth Fogarty, eafogarty@aol.com.

Buddhist Meditation - Monday, October 12

Trudy-Mitchel Gilkey, Insight Meditation Community of Washington, speaks on "Our Best Service: The Precepts."



UUCA members and friends are strongly encouraged to wear matching UUCA T-shirts for service projects. T-shirts will be available at church in advance for the low price of \$10 each.

Day of Service - October 10

Join UUCAers for a special Day of Service as we work together to build a Church Without Walls. For the latest additions and updates, visit www.uucava.org.

**Sign-up during Fellowship Hour on Sunday
or email Barbara.Gilligan@uucava.org**

AFAC Gleaning Apples

Glean apples for AFAC at an orchard near Winchester. Great for all ages! Leave UUCA at 8:00 am, return by early afternoon. (75-minute drive)

AFAC Food Bagging

Portion the food that was purchased with our Oct 4 Give the Plate donation. Location: UUCA. Time: 9:00 am-noon.

ALIVE! Furniture Delivery

Pick up used furniture and deliver it to families who need furniture as they move into permanent housing. Meet at 2723 King St., First Christian Church where the trucks and drivers will assemble, bring water and gloves. Good work for teens and most adults. Time: 8:00am-Noon

Voter Registration

Register voters before the November election. Location: TBD. Time: 9:00 am-3:00 pm, two hour shifts.

Health Fair at Arlington Mill Community Center

The Bolivian Consulate is sponsoring a fair and need help with tasks including coffee and snacks. Spanish speakers are especially needed. Location: 909 S Dinwiddie St, Arlington. Time: 9:00 am-5:00 pm, two hour shifts.

Invasive Plant Pull

Help save a park from ivy and other invaders by pulling weeds in James Haley Park (near Gunston Middle School). Time: 9:00 am-11:00 am.

Sullivan House Spruce-up

Help Sullivan House shelter get ready for the winter. Spruce up the grounds, clean inside, maybe make an apartment ready for a new client. Time: 9:00 am-noon. Location: Sullivan House, 3103 9th Road, Arlington.

2015 Goods and Services Auction

A Church Without Walls is built on a foundation of love, cherished with a shelter of giving

**Mark your calendar for
Saturday, November 14**

Donations for the Auction accepted
thru Oct 9 & volunteer sign-up

@ www.uucava.org

Tickets to attend Auction go on sale Oct 11

“Our upcoming Installation Service is a special time to lift up, honor and recommit ourselves to the Mission of our congregation, which is our reason for being and shapes our actions.

We are organizing this service, this whole week in fact, around the idea of increasingly becoming “a church without walls.” To be a church without walls is to become more aware of the barriers that keep us from the deep and sacred relationships we both are capable of and *called* to create - within us, among us, and in our wider world.

UUCA has always been a church without walls, and we still have so much more before us! We can be bolder and more expansive in the relationships we forge and the commitments we keep in the world outside our brick and mortar walls. We can be braver and more generous in our welcome, always ready to add yet another leaf to the Thanksgiving table of our community - so there is room at the table for everyone.”

— Rev. Aaron McEmrys



UUCA Board of Trustees
Invites You
to the Installation of

Rev. Aaron McEmrys
as Senior Minister

Sunday, October 11, 4 p.m.

Unitarian Universalist
Church of Arlington
4444 Arlington Blvd.
Arlington, Va.

Reception to follow.
No RSVP required.

Join us as UUCA celebrates
a new beginning -

**CHURCH
WITHOUT
WALLS**

October 3 - 12

We gather together for a special week of putting our faith in action and in celebration of the installation of Rev. Aaron McEmrys as our Senior Minister.

