

## **Letting our Spirits Play**

Using the Montessori-based *Spirit Play* methodology developed by a Unitarian Universalist religious educator and Montessori teacher, we begin our journey of connecting, within and without. Children experience stories that highlight our sources and principles, grow a beloved community with each other, and participate in rituals that reinforce those they experience with the larger congregation (such as the Water and Flower Communion). They also are given space to wonder, aloud and through self-directed activities, giving them a strong foundation for questioning and following their own inner guidance.