

Youth Spring Outreach Trip
Appalachian South Folklife Center
March 20-26, 2016 (Spring Break)

This year, the Youth Spring Outreach Trip will be to the Appalachian South Folklife Center in Pipestem, West VA. Many of our youth traveled to ASFC in April 2014 and found the experience life changing. We repaired and painted the home of a resident in Hinton, WVA in Summers County—one of the poorest counties in the country. The kids learned about life in rural West Virginia, what it means to be a coal miner and formed meaningful relationships with the family whose home was in dire need of repair. The Youth Choir even sang a mini-concert at the local coffee shop downtown.

This is an awesome experience of offering direct help to those living in poverty, to learn about the lives and lifestyles of these people and how we can learn from and share with them. Our trips to New Orleans, Staten Island and Hopi have all been terrific experiences! This will be too! I hope you will all give due consideration to this rich and rewarding opportunity. **NOW is the time to experience this kind of life-changing work!**

All participants MUST be at least 14 (if you are just shy of 14, please contact me directly) AND a member of Youth Choir OR Youth Group.

We will again offer a day of FUN on our final day with a trip to Adventures on the Gorge where we will participate in a super fun ropes/zip line course. More info can be found here: <https://www.adventuresonthegorge.com/adventures/zip-line-aerial-adventures> *Please note: the courses vary with degree of difficulty so this activity is perfect for the beginner to the novice and is quite safe!*

There will be additional paperwork for this activity—forthcoming.

IMPORTANT

If you are interested in joining us for this trip, **we must have your completed permission form and a check for \$250 no later than Sunday, February 21.**

Please note; payment is NON-REFUNDABLE so please be certain you are able to keep your commitment to travel with us before you give us your money! ☺

APPALACHIAN SOUTH FOLKLIFE CENTER
P. O. BOX 10 PIPESTEM, WV 25979
PHONE: (304) 466-0626 - E-MAIL: THE_FOLKS@FOLKLIFECENTER.ORG

Dear Workcamp Coordinator,

Thank you for your interest in the Appalachian South Folklife Center's Workcamp Program. As part of our mission, we have hosted a variety of volunteer groups who visit our area to provide much needed assistance to local individuals, communities, and the ASFC for over 45 years. In addition, Workcamp provides an opportunity for your group to learn about the cultural, historical and recreational aspects of Appalachia. We will work with your group on an individual basis to tailor our programs to your needs and expectations.

Work projects your group will participate in will be predetermined based on your group's skill level(s), local needs, your expectations, and the weather. The types of projects include home repair, painting, maintenance, yard work, cleaning etc. Your group can expect to work 6 hours each work day. All projects are screened and prioritized by Center Staff prior to your arrival. Many of those served are senior citizens or families who have a low income and have no other source to provide the needed assistance. This is due to economic conditions that have caused many younger people to leave the state in order to find employment in other states.

We believe that it is very important for everyone to learn something about our culture and history while they are here. Please plan to schedule at least one evening cultural program while you are here. Two are included in your fee. Most groups schedule at least two programs although more can be arranged for an additional fee.

Recreational and educational opportunities abound in our area. Your schedule can be tailored to include time for white water rafting, rock climbing, swimming, horseback riding, sightseeing, hiking, skiing etc. Information about recreational opportunities is available upon request.

The ASFC is available to you year round although service opportunities and number of individuals that can be accommodated are limited during the winter months. Workcampers generally arrive on Sunday evening and depart to following Saturday. The fee for the 6 days is ~~\$205~~ *\$250* per person and includes housing, worksite supervisors, materials, and 2 evening cultural programs. This fee does not include food or food preparation. Workcampers are welcome to use our commercial kitchen to cook and store food.

The enclosed packet of materials contains important information about the Workcamp Program. To ensure that your experience is rewarding and enjoyable, please review each item carefully. One month prior to your arrival, one half of the balance of your fee, individual registration forms and individual medical release forms are due. Your remaining fee will be due no later than your arrival date.

Both ASFC and the people with whom we work deeply appreciate your interest in sharing your time, talents and resources with us. We are very interested in providing your group with a unique, rewarding, educational, and enjoyable Workcamp experience. If you have any questions, please do not hesitate to call or write.

Best wishes,

Briddy Shankenship
Administrative Director

Expectations: *Answers to commonly asked questions*

- ASFC has a 65-acre campus with room to house 49 people. We have a dining hall, three dormitories, chapel, a fire pit, classrooms, an outdoor lit stage, a picnic shelter, and outdoor recreation including volleyball, and basketball. We are very close to several waterways from a large lake to a secluded waterfall with a great swimming hole.
- Minimum group size is ten. We accept workcampers over the age of thirteen. Workgroups are not permitted to do any work without an ASFC staff member's knowledge and direction unless prior arrangements have been made.
- It is not usually necessary for workers to bring personal tools; however if personal tools are brought they should be clearly marked.
- To ensure the best work project for your group, be sure to return the enclosed Workcamp Reservation Form no later than one month before your arrival. Back up projects are always determined in case of inclement weather.
- Dorm housing is rustic. Two of our three dorms are heated with LP (the other has electric heat). All dorms have electricity and running water. Participants can expect to have access to 2-4 bathrooms with showers and two additional without. A.S.F.C. does not provide laundry facilities.
- Our kitchen has plenty of storage space, utensils and cookware. For environmental and trash control reasons disposable dishware for every meal is discouraged. Groups need not bring the following: basic spices, cooking oil, dishtowels, toilet paper or dish soap.
- The nearest grocery is approximately 20 minutes away. There are convenience stores located nearby as well as a produce stand. Major airports are located in Charleston, WV and Roanoke, VA. Both located about two hours away. Van rental is located nearby although van arrangements should be made in advance because of limited availability. Hinton train station is about 20 minutes away.
- Groups should plan to arrive early enough (ideally before 9:00 p.m.) so an orientation can be given the evening before the work begins. Late arrivers can be accommodated although this makes acclimation difficult. During the orientation session the weeks work and evening programs will be discussed.

Sensitivity Suggestions

(Please read and discuss with your group before arrival)

- Take time to meet and talk with the family before beginning to unload materials.
- Ask them for their ideas and advice and encourage them to join in the work.
- Keep reactions to yourself that might hurt or insult the family or community members.
- Be sensitive to the family's need for space and privacy. Ask before venturing into new areas of the home; remember you are a guest.
- Don't bring out cameras until a relationship has been established and then ask permission. Take pictures of people you want to remember. To ensure sensitivity to the families we serve, the use of video camera taping equipment is strictly prohibited without the family's prior approval.
- Have lunch at the site; it is an important part of developing a relationship. Pack extra sandwiches if necessary.
- Be sure to cover the family's belongings before working in a room, and put things back the way you found them. Tread lightly on outside plantings. Many people take great pride in their flowers.
- Ask before throwing trash away. It might not be considered trash by the people that live there.
- Be sensitive to people's pets and livestock. Many usually friendly animals may become scared or protective when newcomers arrive.
- Do not become discouraged if some members of the family do not want to interact with you, some people although they want help are embarrassed by having to ask.
- No electronic gaming or music devices are allowed on the worksite.
- Have fun and enjoy yourselves.

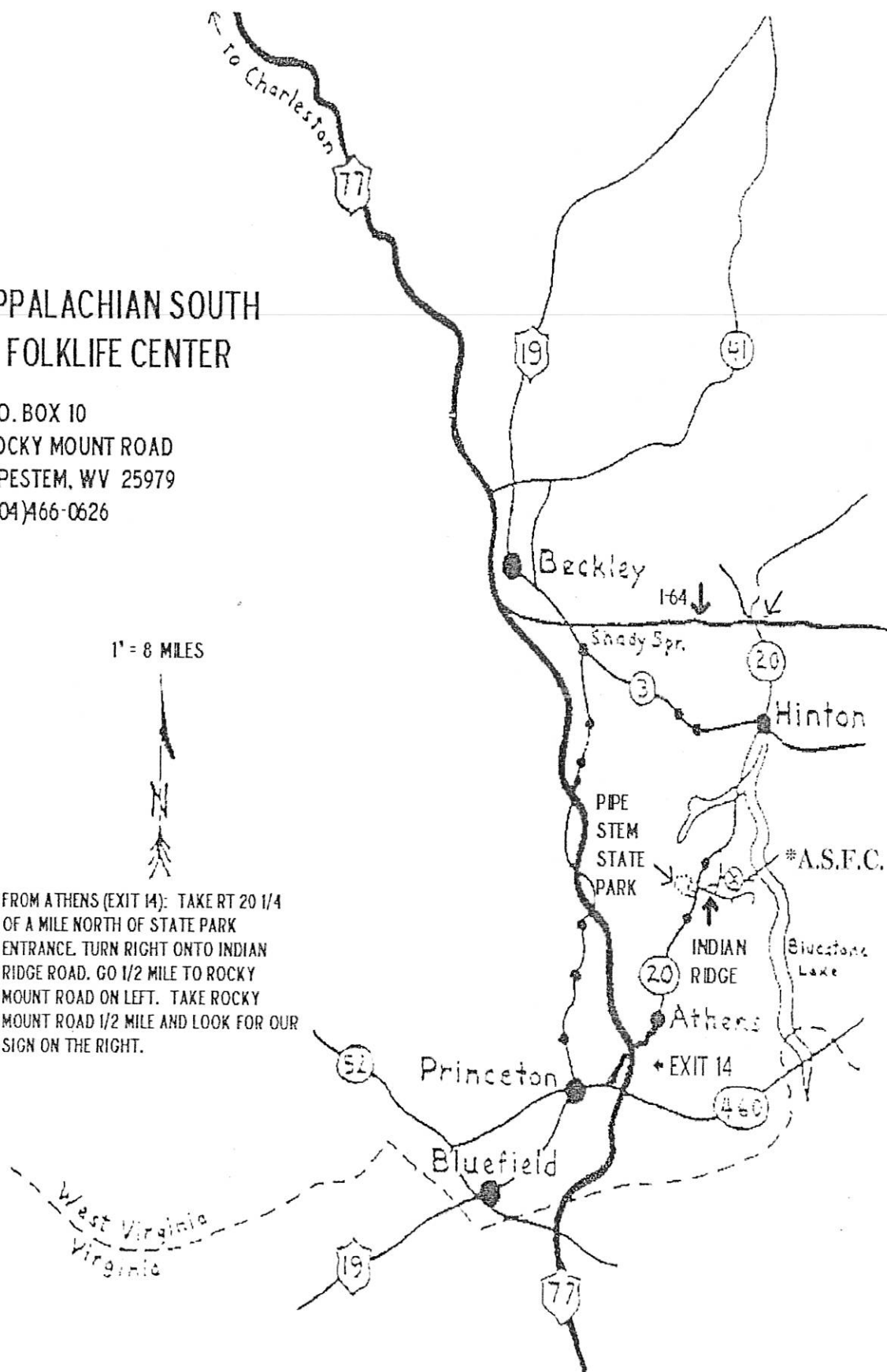
APPALACHIAN SOUTH FOLKLIFE CENTER

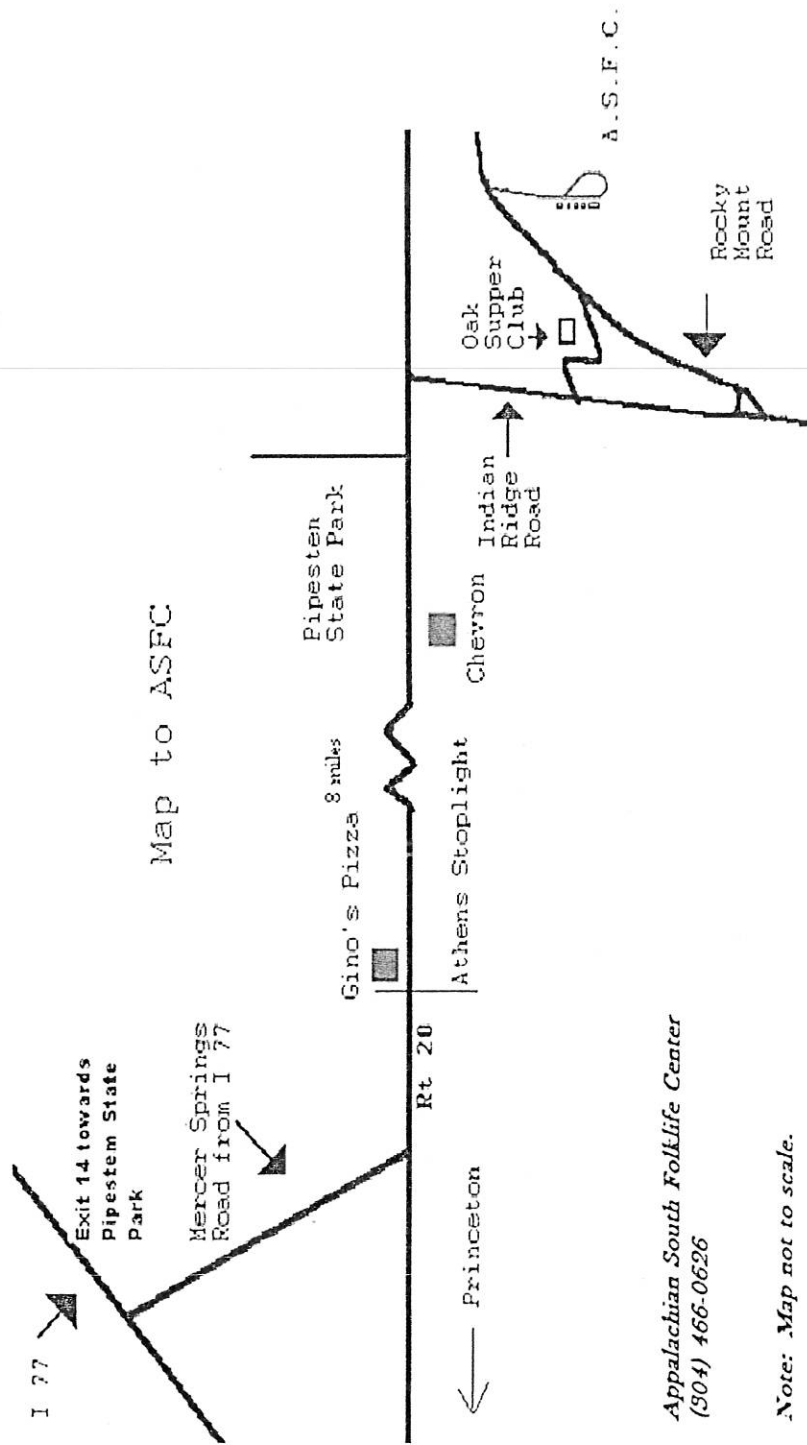
P.O. BOX 10
ROCKY MOUNT ROAD
PIPESTEM, WV 25979
(304) 466-0626

1" = 8 MILES



FROM ATHENS (EXIT 14): TAKE RT 20 1/4
OF A MILE NORTH OF STATE PARK
ENTRANCE. TURN RIGHT ONTO INDIAN
RIDGE ROAD. GO 1/2 MILE TO ROCKY
MOUNT ROAD ON LEFT. TAKE ROCKY
MOUNT ROAD 1/2 MILE AND LOOK FOR OUR
SIGN ON THE RIGHT.





Appalachian South Folklife Center
(304) 466-0626

Note: Map not to scale.

Packing Checklist

- ___ Sleeping bag and pillow (ASFC does not provide linens)
- ___ rain gear
- ___ towels
- ___ two pairs of solid shoes (no sandals on jobsite)
- ___ outdoor sports equipment
- ___ camera and film
- ___ sunscreen
- ___ swim suit
- ___ water bottle or canteen and coolers
- ___ hat
- ___ extra socks
- ___ musical instruments
- ___ long and short sleeved shirts
- ___ shampoo and soap
- ___ flashlight
- ___ work gloves
- ___ a jacket (nights in the mountains can get chilly)

ASFC Donation and Wish List

- | | |
|-----------------------------------|---------------------------------------------------------|
| ___ paint brushes | ___ curtains |
| ___ chop saw | ___ cleaning supplies |
| ___ nails and drywall screws | ___ drills |
| ___ gift cards (Lowes) | ___ toilet paper/paper towels |
| ___ small lawn and garden tools | ___ outside furniture (lawn chairs, picnic tables etc.) |
| ___ shower curtains and bath rugs | ___ flashlights to share |
| ___ dish towels | ___ building materials and paint supplies |
| ___ AA, AAA, D and 9V batteries | ___ basket/soccer/volley balls |
| ___ hardware and hand tools | ___ fans and adjustable screens |
| ___ shovels, rakes, spades | ___ liquid hand soap (refill size ok) |

UUCA Youth Choir 2016 Social Outreach Spring Trip
Appalachia South Folklife Center
Pipestem, WV
March 20-26, 2016
Tentative Schedule

Sunday, March 20

11:00am	Depart from UUCA at 11am
5:00pm	Arrive at ASFC
6:00pm	Orientation
7:30pm	Dinner
8:30pm	Clean up, games, social time
10:00pm	Lights out

Monday, March 21

7:00am	Breakfast
8:00am	Clean up, prepare lunches, etc..
9:00am	Depart for work site
12:00 – 12:30pm	Lunch Break
3:00pm	Depart for ASFC
3:30 – 5:30	Free time: Optional hiking, swimming, down time
6:00pm	Dinner
7:00pm	Group Reflection/Free Time
10:00pm	Lights out

Tuesday, March 22

7:00am	Breakfast
8:00am	Clean up, prepare lunches, etc..
9:00am	Depart for work site
12:00 – 12:30pm	Lunch Break
3:00pm	Depart for ASFC
3:30 – 5:30	Free time; optional hiking, swimming, down time
5:30pm	Dinner
6:30-7:30pm	Traditional Folk Music Presentation
7:30pm	Group Reflection/Free Time
10:00pm	Lights out

Wednesday, March 23

7:00am	Breakfast
8:00am	Clean up, prepare lunches, etc..
9:00am	Depart for work site
12:00 – 12:30pm	Lunch Break
3:00pm	Depart for ASFC
3:30 – 5:30	Free time: Optional hiking, swimming, down time
5:30pm	Dinner
6:30-7:30pm	Coal Mining Presentation (TBD; possible trip to coal mine)
7:30pm	Group Reflection/Free Time
10:00pm	Lights out

Thursday, March 24

7:00am	Breakfast
8:00am	Clean up, prepare lunches, etc..
9:00am	Depart for work site
12:00 – 12:30pm	Lunch Break
3:00pm	Depart for ASFC
3:30 – 5:30	Free time: Optional hiking, swimming, down time
5:30pm	Dinner
7:00pm	Group Reflection/Free Time
10:00pm	Lights out

Friday, March 25

7:00am	Breakfast
8:00am	Clean up, prepare lunches, etc..
9:00am	Work at ASFC
11:30am	Depart for Adventures on the Gorge
12:30	Arrive at AOG
1:00pm – 4:00pm	Timber Trek : Tree Tops Canopy Adventure
4:00pm	Depart for ASFC
5:00pm	Arrive at ASFC; prepare dinner
6:00pm	Dinner
7:00pm	Clean up; Reflection; games, pack up
10:00pm	Lights out

Saturday, March 26

7:00am	Breakfast
8:00am	Prepare lunches, snacks for ride home Clean up; pack up
9:30am	Depart for UUCA
3:00pm	Arrive UUCA

Medical Information

The medical welfare of each participant is the responsibility of the group leaders. It is helpful if some member of the group has taken a first aid course in preparation for the trip. While ASFC staff will be as helpful as possible in cases where medical attention is needed, the group leaders should be prepared to take full responsibility for the health care of the volunteers. The staff will advise you of the location of the nearest medical facility to both your jobsite and the Center upon arrival.

Each participant should be adequately covered by both accident and medical insurance. Many times a short-term medical/accident insurance policy can be taken out by your organization on the whole group. THE APPALACHIAN SOUTH FOLKLIFE CENTER DOES NOT COVER ACCIDENT OR MEDICAL EMERGENCIES.

If anyone in your group has any special health problems or conditions, make sure that all adult leaders are aware of these conditions. ASFC should be advised of such conditions prior to your arrival. ASFC IS HANDICAP ACCESSIBLE. If your people have not had a tetanus shot in the last several years, they should consider getting one.

Individual Registration and Medical Authorization

Please print:

Name: _____ Birthdate: _____

Address: _____

Street City/State Zip

Contact in case of emergency:

Name: _____

Daytime Phone _____ Evening Phone _____

Name: _____

Daytime Phone _____ Evening Phone _____

Medications I cannot take are: _____

Allergies/special health problems: _____

My insurance company is: _____

Address: _____

Policy number: _____

Doctor's name: _____

Doctor's Phone: _____

Doctor's Address: _____

Situations do arise in which medical treatment is required at the Appalachian South Folklife Center. In such an event every reasonable effort will be made to contact the persons listed above. However, if these persons are not available, I do hereby consent to emergency medical treatment. I further authorize the following adult Workcamp participants/leaders (in priority order) to secure all necessary and proper medical treatment including but not limited to hospitalization, surgery, injection, and/or anesthesia upon the recommendation of qualified medical personnel.

1. _____ 2. _____

I also agree that my insurance company will be used for such medical care and I am aware that I will be billed by the medical provider for any medical treatment not covered by my insurance.

Signature of Participant Date

Signature of Parent/Guardian (if participant is under the age of 18) Date

Medical Release Form

Name: _____

Address: _____

Street City/State Zip

Birthdate: _____

Telephone: _____

Organization name: _____

Organization address: _____

Contact Person: _____ Phone _____

I understand that the activities in which I will participate in include home repair, light construction and community development work. I may be required to use both power and hand tools, climb and work in high places and be in other potentially dangerous activities.

I hereby release and discharge the Appalachian South Folklife Center, its agents, employees and all other persons connected therewith from any and all liability, claims and causes of action of any type whatsoever arising out of or in any way connected with the participation in the activities of the Appalachian South Folklife Center.

Signature of Participant Date

Signature of Parent/Guardian (if participant is under age 18) Date

