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GUIDED BY

INTUITION

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Author and speaker Lynn Robinson  
trusts her inner voice –  
and shares why you should, too

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**By Ann Luongo**

We've all heard the phrase, "Trust your intuition." More often than not, however, our intuition - that little voice inside us all that can help guide us through the challenges of life - can be hard to recognize. In a world so full of noise, information and distraction, it isn't always easy to hear what our own internal guides might be telling us.

As a widely known author, motivational speaker and intuitive advisor, Lynn Robinson has used her gifts of guidance and intuitiveness for decades to help those in need of direction, in both business and personal domains.

"I have always been fascinated by intuition," she says. "I believe it's our inner guidance for a successful life. We all have it and can tune into it for direction in our life. I like to think of it as a 'compass of the soul.' When we pay attention and act on its wisdom, we're led in the right direction."

Robinson's personal story of her "coming out" as an intuitive is one that surprised even her. She worked as the operations manager of a small software company near Boston in the late 1980s - a job she didn't enjoy. "I dreamed of developing my own business. I had taken classes on developing one's intuition and found I had a great deal of natural talent in this area." Her main concern was developing such a skill into a business. "I wasn't sure where to begin, so I decided to try using my newfound tools of affirming, visualizing and asking the universe for help."

Shortly after that, a friend of Robinson's who had been sick for a long time passed away. "As I walked into the room for his funeral service, I heard a woman's voice say, 'Please sit there.' There was an empty seat in the aisle right next to me. I turned to ask if that was the seat she was indicating. Much to my astonishment, there was no one there. I still have no idea who that voice belonged to."

In the row of seats beside Robinson was a woman she didn't know. At the end of the service, as they exchanged pleasantries, the woman asked Robinson what she did for a living. "I answered, 'I'm a psychic.' I was immediately stricken with alarm. Why had I answered this way? What would she think? I had done a few readings for friends, but I had never defined my career that way. I felt flustered by my answer. To my surprise, she was quite open and receptive. She told me that she was a writer for The Boston Globe and would love to have a reading so she could write about it in her column."

Robinson gave her a reading, the article was written and, in only few short months, more than 500 people called to schedule appointments. "Suddenly, I was running my own business!" she says. "I had followed my intuition down the exact

path I needed to travel in order to create a full-time business virtually overnight."

According to Robinson, people usually call for an intuitive reading when they're in the midst of change and transition and are trying to figure out their next steps in life, or have a person or situation they're confused about. "They're seeking some objective insight," she says. "An intuitive reading is a conversation between me and my client where I use my intuitive skills and expertise to help them choose the best path to achieve their dreams, develop a fresh perspective and see beyond the limiting beliefs they might have of themselves or their situation. Usually people leave a session feeling uplifted, clearer and motivated. I love my clients and my work and I'm grateful to be able to help in this way."

To hear your inner voice, the key is listening. "Each of us receives intuition in our own unique way," she says. "You might receive it as an inner voice, a hunch, a physical sensation, a gut feeling, an 'aha' moment, or in a dream. I tell people to ask their intuition questions such as 'What's my right next step?' or 'What do I need to know about this person or situation?' Listen for the answers."

Often, she says, people don't want to listen to their intuition because it encourages them to move out of their comfort zone. "I tell people it's really normal to feel a little scared or anxious when doing something new. The confidence usually kicks in AFTER they do the thing they're scared to do, not before. The other thing that gets in people's way is negative self-talk. 'I'm not good enough.' 'What if it doesn't work out?' 'I'm just not lucky.' It's difficult for accurate intuition to flow into your mind when the chatter from your inner critic is clogging the airwaves."

In 1993, Robinson was named "Best Psychic" by Boston Magazine - an honor, but a title which she feels might be somewhat misdirected. "I'm afraid it conjures up an odd-looking crystal ball gazer with big jewelry. I'm very down-to-earth, practical and more likely to be in fashionable business clothes and carrying my laptop. 'Intuitive advisor' seems to be the best description."

Robinson, who moved to Mashpee three years ago with her husband, Gary, is a sought-after speaker in a variety of indus-



tries where employers want to encourage their employees to listen to their own intuition.

“Being a professional speaker is so much fun. I’m heading out to Tokyo and Osaka next week to do a series of lectures and seminars,” she says.

She also speaks at many women’s conferences and business leadership events. “I enjoy giving talks to people in sales professions about the importance of trusting their gut. I also speak at personal growth and spiritual events.”

She continues to do intuitive readings, and does sessions by phone and Skype. “I enjoy technology. Clients can go to my website, click on the ‘schedule a reading’ button and be taken to my online calendar. It’s so easy now. My clients are international. Last week I spoke with people from Japan, Germany, Australia and the U.K. My books have been published in over 12 languages, which is how people find out about me, in addition to word of mouth. I was trying to figure out how many people I’ve given readings to over the years – it’s probably over 10,000 folks.”

Robinson is the author of six books, including her most recent, *Divine Intuition: Your Inner Guide to Purpose, Peace and Prosperity* (2013). She also has a new book scheduled for release in July 2016, *Put Your Intuition to Work: How to Supercharge Your Inner Wisdom to Think Fast and Make Great Decisions*.

“It’s truly an honor and privilege to be brought into people’s lives as either a speaker or as an intuitive advisor,” she says. “When someone sends me a note telling me that my books, newsletters or talks made a positive difference in their life, it makes my day.”

To learn more about Lynn Robinson, to schedule a reading, or to contact her regarding a speaking engagement, go to [lynnrobinson.com](http://lynnrobinson.com).



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