



**Pennington Biomedical Research Center  
C.B. Pennington, Jr. Conference Center  
6400 Perkins Road  
Baton Rouge, LA 70808**

**Friday, January 22, 2016**

**5:30-8:30 pm Brother and Sisters Workshop**

Presented by Brian Skotko, M.D., M.P.P and Sue Levine, M.A., C.S.W.  
for siblings of individuals with Down syndrome (ages 7 and up)

**Saturday, January 23, 2016**

**7:15 Registration**

**8:00 am – 3:30 pm Conference Sessions**

# FRIDAY, JANUARY 22, 2016

## BROTHERS AND SISTERS WORKSHOP

This workshop is presented by nationally renowned speakers Brian Skotko, M.D., M.P.P. and Sue Levine, M.A., C.S.W for siblings (ages 7 and up) of individuals with Down syndrome or special needs. The workshop will be held at the C.B. Pennington, Jr. Conference Center in Seminar Room CC322.

There is no charge for this workshop. Food will be provided. To ensure that we have an accurate count and food is not wasted, please be sure to register for this event by checking the appropriate box on the registration form. If you would like to attend only the Brothers and Sisters Workshop, please submit a registration form with "Yes" checked by "Brothers and Sisters Workshop".

## SATURDAY, JANUARY 23, 2016

### PRELIMINARY PROGRAM

#### AUDITORIUM A

DUANE LEE  
SESSION CHAIR

##### MORNING

**7:15 Registration**

**8:00 Welcome**

*Duane Lee, DSAG Secretary/Treasurer*

**8:15 The Latest and Greatest Research about Down Syndrome**

*Brian Skotko, M.D., M.P.P.*

*MassGeneral Hospital, Harvard Medical*

**9:45 Keeping Children and Adolescents with Down Syndrome Healthy: All the Medical Updates that Parents Need**

*Brian Skotko, M.D., M.P.P.,*

*MassGeneral Hospital, Harvard Medical*

**11:15 LUNCH—Provided**

#### AUDITORIUM B

JOHN KNAPP  
SESSION CHAIR

##### MORNING

**7:15 Registration**

**8:00 Welcome**

*John Knapp, DSAG Vice-President*

**8:15 Addressing Romantic Feelings and Relationships for Preteens and Teens**

*Sue P. Levine, M.A., C.S.W.*

*Family Resource Associates, Inc.*

**9:45 Teaching Social Skills to Preteens, Teens, and Young Adults**

*Sue P. Levine, M.A., C.S.W.*

*Family Resource Associates, Inc.*

**11:15 LUNCH—Provided**

#### AUDITORIUM A/B

DUANE LEE  
SESSION CHAIR

##### AFTERNOON

**12:30 What your other children without Down syndrome are thinking:**

**Sibling Issues for Parents**

*Brian Skotko, M.D., M.P.P. and Sue Levine, M.A., C.S.W.*

**2:00 Taking Care of Your Family: Celebrating Highs and Surviving Lows**

*Brian Skotko, M.D., M.P.P. and Sue Levine, M.A., C.S.W.*

**3:30 ADJOURN**

#### About our Speakers....

Brian Skotko, M.D., M.P.P. is a medical geneticist at MassGeneral Hospital and an assistant professor at Harvard Medical School. He has served on the board of directors for several disability organizations, including the National Down Syndrome Society, and is co-author of "Common Threads Celebrating Life with Down Syndrome" (Band of Angels Press, 2001) and "Fasten Your Seat Belt: A Crash Course on Down Syndrome for Brothers and Sisters" (Woodbine House, 2009). His sister with Down syndrome inspires much of his professional work.

Susan P. Levine, M.A., C.S.W. is a co-founder and social worker at Family Resource Associates, Inc., a private non-profit agency in central New Jersey. She has conducted support programs for parents and siblings of children with differing abilities for the past 30 years. She is co-author of "Fasten Your Seat Belt: A Crash Course on Down Syndrome for Brothers and Sisters" (Woodbine House, 2009).



**SATURDAY, JANUARY 23, 2016**  
**SELF-ADVOCATE PROGRAM**

**LISA WESTERFIELD**  
**SESSION CHAIR**  
**UPPER RECEPTION AREA**

**MORNING**

**8:30 Art with Paint**  
*Wendy Hazey*

**9:45 Break**

**10:00 Occupational Therapy: Extreme Movements to Coordinate the Brain**  
*Danielle Mixon, Pediatric Therapy Solutions*

**11:15 Lunch Provided – Lower Reception Area**

**AFTERNOON**

**12:30 Self-Defense**  
*Benjamin Moore, Real World Defense Instructor*

**1:45 Break**

**2:00 Dance**  
*TBD*

**3:30 Adjourn**

PENNINGTON BIOMEDICAL CENTER  
C.B. PENNINGTON, JR. CONFERENCE CENTER  
BATON ROUGE, LA



### REGISTRATION CONTACT INFORMATION

First Name \_\_\_\_\_ Last Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone (\_\_\_\_) \_\_\_\_\_ Email \_\_\_\_\_  
FAX (\_\_\_\_) \_\_\_\_\_

### PAYMENT INFORMATION

☐ MasterCard ☐ VISA ☐ American Express \_\_\_\_\_  
Expiration Date \_\_\_\_\_

\_\_\_\_\_  
Name as it appears on Card

\_\_\_\_\_  
Signature

You may now register and pay by credit card online. To register online, visit our website at [www.dsagbr.org](http://www.dsagbr.org).

### REGISTRATION FEES

#### Circle Appropriate Fee(s)

#### Registration

INDIVIDUAL SATURDAY REGISTRATION \$25

SELF-ADVOCATE SATURDAY REGISTRATION \$20

Will you attend Brothers and Sisters Workshop (no charge)?

☐ YES ☐ NO

Child's Name & Age: \_\_\_\_\_

Child's Name & Age: \_\_\_\_\_

Child's Name & Age: \_\_\_\_\_

If you would like a vegetarian or gluten-free meal for lunch or Friday dinner, please check the box below and circle appropriate meal. If you select the couple registration, note how many vegetarian meals are needed.

☐ VEGETARIAN LUNCH / FRIDAY DINNER

☐ GLUTEN-FREE LUNCH / FRIDAY DINNER

Registrations may also be made by mailing this form, along with a check payable to Down Syndrome Awareness Group, to the following:

Down Syndrome Awareness Group  
c/o Tami Lawrence  
P.O. Box 82378  
Baton Rouge, LA 70884

If you have any questions, you may email Veronica Crow at [veronica.crow@dsagbr.org](mailto:veronica.crow@dsagbr.org) or Cherise Knapp at [cheriseknapp@gmail.com](mailto:cheriseknapp@gmail.com).

**DSAG cannot accept email messages containing credit card information; any such messages received will be deleted immediately for your protection!**

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BATON ROUGE, LA



## BROTHERS AND SISTERS WORKSHOP

Join us for the Brothers and Sisters Workshop on Friday, January 23 at the Pennington Biomedical Center Conference Center from 5:30 pm to 8:30 pm.

This workshop is presented by nationally renowned speakers Brian Skotko and Sue Levine for siblings (ages 7 and up) of individuals with Down syndrome or special needs.

There is no charge for this workshop. Food will be provided. To ensure that we have an accurate count and that food is not wasted, please be sure you have checked the appropriate box with your conference registration. If you would like to attend only the Brothers and Sisters Workshop, submit the registration form with “Yes” checked by “Brothers and Sisters Workshop”.

## SATURDAY REGISTRATION

Registration/Check-in will begin on Saturday, January 23, 2016 at 7:15 am at the Pennington Biomedical Research Center Conference Center.

## FRIDAY DINNER / SATURDAY LUNCH

If you would like a **vegetarian dish** or **gluten-free dish** for the Brothers and Sisters Workshop on Friday, January 22 or lunch on Saturday, January 23, please check the appropriate box on the registration form.

## DIETARY NEEDS

Food will be provided on Friday night at the Brothers and Sisters Workshop and on Saturday at lunch. If you or your child has special dietary needs, please note that on the registration form. Vegetarian and gluten-free options will be provided on Friday night and lunch on Saturday, if noted during registration. If additional special dietary needs must be met, please bring food to the event. If there are any questions, email [veronica.crow@dsagbr.org](mailto:veronica.crow@dsagbr.org).

## SPONSORSHIP & EXHIBITION OPPORTUNITIES

DSAG is offering an exhibition area during the Conference. If you are interested in exhibiting or sponsoring a meal or a break, please contact Veronica Crow at [Veronica.crow@dsagbr.org](mailto:Veronica.crow@dsagbr.org) or Cherise Knapp at [cheriseknapp@gmail.com](mailto:cheriseknapp@gmail.com).

## REGISTRATION / SUBSTITUTION / REFUND POLICY

You may designate a substitute in writing any time before the meeting as long as the registration fee for the designated substitute equals the category/fee of the registrant. Written refund requests must be received in writing by the pre-registration date of January 20, 2016. Refunds will be issued less a \$10 processing fee. No refunds will be given after January 20, 2016. If the conference is cancelled, the DSAG is not liable for any expenses by the registrant other than the refund of the registration fee(s) paid by the registrant.

**Pre-registration will close on Wednesday, January 20, 2016. After January 20, 2016, all registrations must be made on-site at the Conference.**