2012 MetroWest Adolescent Health Survey: Medfield High School

804 responses, grades 9-12

October 2014

- Reports of bullying on school property were steady at 24-25% from 2006 to 2010, and decreased to 20% in 2012.

- Reports of cyberbullying victimization increased from 13% in 2008 to 19% in 2012.

- Overall, reports of mental health problems have remained similar from 2006 to 2012.

  30% of students reported that their life was "very" stressful in the past 30 days. This is a 3% decrease in 2012.

  17% reported depressive symptoms in the past 12 months (defined as feeling sad or hopeless for two or more weeks in a row.) This is a 2% increase in 2012.

  13% reported self-injury (described as cutting, burning, or bruising oneself on purpose) in the past 12 months. This is a 2% increase in 2012.

  10% said they had seriously considered suicide in their lifetime. This is the same as 2010, but 2% higher than 2008.

  4% reported making a suicide attempt. This represents a 1% increase over the last six years.

- From the MCAP Flyer:
  While the vast majority of students reported feeling safe at Medfield High School (95%,) and having adults in their lives they can talk to about important things (90%,) many reported feelings of sadness and great stress (this inference was made from the depressive symptoms and degree of stress questions cited above.) Too many reported attempting to manage feelings of hopelessness or anxiety in harmful ways (from self-injury data above.) Bullying continues to be an issue, with *1 in 4 high school students reporting being bullied in the past 12 months, 1 in 5 of whom were bullied on school property*, despite efforts by the schools to address bullying at all levels.