I remembered that we had two CMC members do this hike last year. Donna Lanning and Maggie Marshall, they seemed like 'normal' sorts. Maybe one need not be an Amazon woman to manage this hike. (Donna hiked again with my group.)

Let me leap ahead and say it's one of the best gifts I've ever given myself. It is empowering to manage such a feat as a woman in her 50s...yahoo! But so much better than that is the gift of being of service to kids with life threatening illnesses. Kids that are facing rounds of chemo,etc. that are no fun and gut wrenching for their families. I, through my fundraising and walk, helped give some measure of joy to these kids. Make A Wish gave me a chance to do something really honorable. Our group of 80 something hikers raised enough money for 67 wishes for kids in Western NC. (Aprox. \$6000 per wish).

My last comment about the hike is that it is gorgeous...running for miles along the Chattooga River. It is well run, you are supported by food and aid at 4 stations along the way. Weekend hotel and meals are also provided. All one needs to do iswalk. I hope some of you are feeling the 'sign' to participate in a Make A Wish Hike!