After a background check and a lot of waiting, Kyle and her daughter, Rose, traveled to Nashville where Obama celebrated the Supreme Court ruling in favor of the Affordable Care Act. "It was mind-blowing to be part of the event because the entire time the act was being debated and demonized, it felt like a World Series game that went on for years."

"It was a moving experience to meet someone who had such a profound effect on my life. I admire the First Lady's emphasis on exercise and good nutrition, and the work the president has done to improve the health of everyone in this country."

"You never know where your path in life may take you - from the top of Cold Mountain to a personal meeting with the president. Sometimes the time off the trail can be better than on the trail."