

**CARRYING OUT CAREER OPTIONS: WHAT WILL YOUR LIFE LOOK LIKE?**

(For more complete information on career satisfaction and career change refer to the “Exploring Career Change” topic in the Virtual Career Center)

Use this timeline to define important life events in the next ten years...if you have expectations for events beyond this, extend your timeline to include them. Mapping your goals and dreams in different life roles, and the supporting steps to reach them, can make the ideas more real and attainable, as you recognize the span of time needed to 'get to where you're going'. You recognize that you don't have to do everything at once, that time helps us attain major goals, and that different goals take different priorities over several years as we make progress. Looking at progress from the mid-point of the time span, and seeing how there is more progress to come, can help us stick with our plans, too.

**Expected Events, Milestones, Dreams, Goals**

*Take the long view:*

- What's going on in your life in the next ten years?
- What significant events will occur: milestone birthdays? Family events? Personal goals set and attained?
- What goals and dreams for your life and your life's work are on your list?
- What important decisions will you need to make in your professional, personal, financial, leisure roles?
- What lifestyle changes are you making?

List events, milestones, dreams and goals below the year closest to when you expect to attain them.

Include events for different life roles: individual, family, health/fitness, professional, creative, spiritual, volunteer, et cetera.

Some goals that you'll reach later in this timeline may need preparation sooner; put an arrow to the left of those items that need earlier preparation.

There may be some time increments when the list will be short, or blank; you may be enjoying goals reached in earlier increments, coasting, or in a reflection/evaluation stage.

<b>Current year</b>	<b>Two years from now</b>	<b>Four years from now</b>	<b>Six years from now</b>	<b>Eight years from now</b>	<b>Ten years from now</b>	<b>Continue in 2-5 year Increments</b>
Job search Milestone birthday						