

## Apply Your Transferable Skills to Your Work Accomplishments

<p>List accomplishments from your story list that you numbered 1. – 3.</p> <p>1.</p> <p>2.</p> <p>3.</p>	<p>Write a brief description of how you used the skills. As you review your writing about these accomplishments refer to the transferable skills list and write down additional skill(s) that match the stories.</p> <p>1.</p> <p>2.</p> <p>3.</p>
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*In addition --*

<p>What accomplishments / work examples can you list that demonstrate:</p> <p>CREATIVE PROBLEM-SOLVING / INNOVATION</p>  <p>LEADERSHIP</p>  <p>STRONG TEAMWORK</p>	
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C. **What can you identify as your motivated skills:** those skills you not only enjoy using, but also feel most competent when using?

- Begin your list, including not only skills from the transferable skills list, but also occupational skills.
- Include self-management skills, which may be good examples of leadership, teamwork and problem-solving skills.

D. **What skill categories are your strongest?** (e.g, Interpersonal? Organizational? Occupational?)  
Do your current job targets emphasize work with your strongest transferable skills?

Repeat this exercise with each accomplishment.

Return to this exercise as you continue to identify accomplishments, to expand your roster of transferable skills and to enhance the list of examples.