

We want to hear **YOUR** stories!

Join us for a research study

What is the PURPOSE?

The purpose of this study is to learn about the experiences of the everyday hidden labour faced by youth with impairments as they seek physical activity opportunities.



We would like you to join us if you:

- A) Are between 14-22 years of age
- B) Have taken part in community physical activity or sport programs in the last 24 months
- C) Experience a spinal-cord related impairment

How does it BENEFIT ME?

By sharing your stories you are helping professionals in both specialized and community programs. They will better understand the labour involved in locating and participating in suitable physical activity programs for youth with impairments. In thanks, you will receive a GIFT CARD!

What does it INVOLVE?

- 1) One face to face or skype/phone interview that lasts approx. 1 hour.
- 2) An optional focus group, with PIZZA! This lasts approx. 1 hour.
- 3) Provide us feedback with accuracy of your typed interview and the findings.

Contact a member of the research team to get involved!

Kassi Boyd: boyd@ualberta.ca, (780) 222-8076

Maegan Ciesielski: mciesiel@ualberta.ca, (780) 271-8518

Rebecca Marsh: rmarsh2@ualberta.ca, (780) 218-7322

Amanda Ebert: ebert@ualberta.ca

Research Lead: Donna Goodwin, PhD, donna.goodwin@ualberta.ca