

Boccia Intro Session

Monday, August 29, 2016

Red Deer College, KS Gym

(100 College Blvd, Red Deer, AB)

6:30-8:00pm



The Alberta Cerebral Palsy Sports Association, alongside the **MS Society** and **SCI Alberta**, is hosting an Intro Session for the Paralympic sport of Boccia. Boccia can be played by individuals with a wide range of ability levels, and players can use assistive devices, such as ramps, to propel their ball. Everyone is welcome to come try out this tactical and strategic team and individual sport!

For Questions contact Casey Nielsen
at casey@acpsa.ca

Para Cycling Intro Session

Monday, August 29, 2016

Red Deer College, Parking Lot C

(100 College Blvd, Red Deer, AB)

5:00-6:30pm



The Paralympic Sports Association, alongside the **MS Society** and **SCI Alberta**, is hosting an Intro Session for Para Cycling, and will be bringing a variety of adapted bikes for individuals to try out and learn basic cycling skills. Please bring water, a bike helmet and wear closed toed shoes. Helmets can be borrowed if you do not have your own.

For Questions contact Sydney Deegan
at programs@parasports.net