



Canadian Paraplegic Association (Alberta)



Join us on the lake for

Adapted Sailing

Saturday, June 14, 2014

10:00 a.m. - 3:00 p.m.
Wabamun Sailing Club
(Just west of Wabamun)

Learn the basics of sailing, how to steer, assess the waves and maybe try your hand at racing!
Everyone is welcome - Sip'n Puff technology available!

Accessible boats, lifts, life jackets and capable volunteers
will be available to get you safely out on the water.

You can also join us on the shoreline between sailing to learn and play the game of bocchia!

BBQ Lunch
provided!



\$30/each
Subsidies may
be available on
request.

You are responsible for your own transportation and accommodation.

Canadian Paraplegic Association (Alberta)
Adapted Adventures Program
305 Hys Centre, 11010 - 101 Street
Edmonton, AB T5H 4B9

For more information or to sign up, contact:
outdoor@cpa-ab.org or 780-424-6312