

Optimizing Medication Systems and Usage



"Our home's participation in 'Optimizing Medication Systems and Usage' has opened our eyes and made us really think about person-centered care. We eliminated the 10pm to 6am medication pass, allowing residents to get a better quality of sleep. Through education of staff, providers, and family members, we are seeing an overall reduction in the number of medications our residents receive – this gives staff more time to spend with residents. The nurses have more availability to assist both staff and residents, since they are no longer tied to a medication cart! Isn't this why we are here in the first place?"

*~Sherri Hipp, RN, Director of Nursing
Brookshire House, Denver, CO*

Research consistently reveals the ill effects of medication overuse, especially the prescribing cascade that occurs as new medications are added to treat side effects of another medication being taken. Optimizing medication use creates a strong, balanced foundation for maintaining overall well-being, while providing the supportive framework necessary to effectively sustain specific improvements, such as antipsychotic reduction, over time. By blending medication optimization with person-directed approaches to care, providers can more effectively assess the risks, burdens, benefits, and prognosis for the individual, all of which drive decisions about medication use.

Register now to participate in this 8-month, online collaborative learning experience...

Through 12 interactive, webinar-based learning sessions and guided, hands-on application of techniques between sessions, 10 organizational teams of four* will:

- Acquire skills and resources that support optimizing overall medication and supplement use for the individual;
- Identify ways to improve medication systems to achieve sustainability;
- Develop their own performance improvement project (PIP) plan to drive change; and
- Track and share outcomes and best practices with other participating teams.

** Teams of 4 should include some combination of DONs; nurses; nurse practitioners; clinical social workers; in-house physicians, pharmacists, or physical therapists*

Join us September 2015 – May 2016. Space is limited to 10 organizations!
Interested? Go to www.edenalt.org or education@edenalt.org.

Cost: \$1,499.00 per organization

