

Parent Support Group Loss of Adult Child

The loss of an adult child is devastating for the family. Join other parents who have suffered the same loss in this 6-week support group. Topics discussed will include: what to expect from your grief process; understanding your grief style; coping mechanisms and learning from Judaism about what helps us heal. For losses over the past two years.

Date: Thursdays, September 3 - October 8, 2015

Time: 4:00-5:30pm

Place: JCFS – Goldie Bachman Luftig Building, 5150 Golf Rd., Skokie

Fee: \$90 for the series

Contact: Elizabeth Siegel Cohen, LCSW

Phone: 847-745-5404

Email: ElizabethCohen@jcfs.org



One-stop, toll-free access for help.
Call 855-ASK-JCFS (855-275-5237), email
ask@jcfs.org or visit jcfs.org.



JHNC is administered by Jewish Child & Family Services in collaboration with CJE SeniorLife, the Chicago Board of Rabbis & Jewish United Fund/Jewish Federation.

JCFS is a partner in serving our community, supported by the Jewish United Fund/Jewish Federation.

