

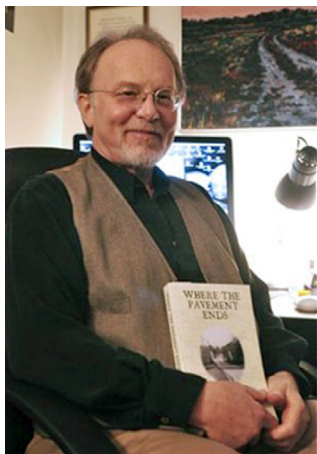


A one-day expo to provide inspiration, answers to questions, and information to make the most of life!

9 a.m. to 3:30 p.m. Friday, April 24, 2015

First Church of the Nazarene

816 E. Quincy, Pittsburg, Kansas



Keynote Speaker:

J. T. Knoll

Prevention and Wellness Coordinator,
Pittsburg State University
Columnist, Pittsburg Morning Sun

*"Getting Older: Laughter Really
Is the Best Medicine"*

- Medicare for Boomers and Beyond
- What Do I Say? What Can I Do?
- Art and Alzheimer's Disease
- Oral Care for the Ages
- Gardening in the Golden Years
- Aging and Mental Wellness
- Nutrition and Healthy Eating Tips
- Dogs Adapt to Attitude and Needs
- Pharmacy: Yesterday, Today, and Tomorrow
- Shifts in Perspectives: Alzheimer's Care and the Relationship to Understanding

Registration fee is \$15 per person and includes lunch, FUNercise sessions, prizes, and resource fair. Advance registration due April 13.

For more information, please contact

M. Gayle Price, 620-431-1530, or your local extension office.

www.southeast.ksu.edu/AgingExpo

Educational sponsors of this program include:

Alzheimer's Association, Heart of America Chapter
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Harry Hynes Memorial Hospice
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