

Register Here or Online at

www.mainstreamingmedicalcare.org

Registration deadline: May 20, 2016

PLEASE PRINT

Name \_\_\_\_\_

Phone \_\_\_\_\_

Affiliation/Title \_\_\_\_\_

APN-C License # and state code, \_\_\_\_\_

if applying for AANP CE credits \_\_\_\_\_

Agency and Address \_\_\_\_\_

\_\_\_\_\_

E-Mail Address \_\_\_\_\_

#### REGISTRATION FEE

Please make checks payable to: *The Arc of NJ*

\$75 includes Continental Breakfast and materials. (If having lunch on your own, restaurants and a food court are available at Forrestal Village.)

\$100 includes Lunch, Continental Breakfast and materials.

Provider Agency Discount: For every 4 registrations from the same non-profit agency, 5th employee attends free (discount applies only to registrants selecting the same registration option: either "lunch" or "no lunch"; please send all registrations together).

Scholarship, no lunch (limited availability—first come, first served—medical students, residents, or others in need; call Jennifer Lynch at 732-784-6397 before registering).

#### MEAL CHOICE

If having Conference Luncheon, please select one:

Chicken  Vegetarian  Special dietary request. Please specify: \_\_\_\_\_

#### PAYMENT INFORMATION

Visa  MasterCard  Discover  American Express

Credit Card # \_\_\_\_\_

Signature \_\_\_\_\_

Exp. Date \_\_\_\_\_

Sign language interpreter. Request by May 2<sup>nd</sup>. \_\_\_\_\_

#### Workshop Choices

Please circle the number of your

1st choice a.m. and p.m., and 2nd choice a.m. and p.m.

Early registration is advised to assure your first choice of workshops.

1 <sup>ST</sup> CHOICE	2 <sup>ND</sup> CHOICE
a.m. 1 2 3 4 5 6	a.m. 1 2 3 4 5 6
p.m. 7 8 9 10 11	p.m. 7 8 9 10 11

#### PLEASE MAIL OR FAX THIS FORM TO:

Mainstreaming Medical Care  
27th Annual Conference - The Arc of New Jersey  
985 Livingston Avenue  
North Brunswick, NJ 08902-1843  
Fax: 732-784-6397

#### The Arc and Mainstreaming Medical Care

Established 67 years ago, The Arc of New Jersey is a private not-for-profit organization affiliated with The Arc of the United States and committed to enhancing the quality of life of children and adults with intellectual and developmental disabilities and their families through advocacy, empowerment, education and prevention. The Arc of New Jersey is comprised of a state office and local county chapters serving all 21 NJ counties. Mainstreaming Medical Care is a special program of The Arc of New Jersey that advocates for accessible, quality health care for individuals with intellectual and developmental disabilities in New Jersey. Funding for the program is provided by the New Jersey Division of Developmental Disabilities, and is also made possible through grants and other private donations.

#### Conference Objectives

The primary objectives of this conference are:

- 1) To increase knowledge of state-of-the-art treatment for individuals with I/DD who have medical, dental, and/or behavioral health problems, including an innovative hospital-based approach to treatment.
- 2) To increase knowledge of the ways to train physicians to treat individuals with I/DD.
- 3) To increase knowledge about programs, policies, and services related to the NJ Division of Developmental Disabilities and NJ Medicaid.
- 4) To increase knowledge about transition when individuals with I/DD are aging-out of the pediatric health care system.

#### Audience

This conference is for everyone who is concerned about providing quality health care to individuals with intellectual and developmental disabilities including: health and mental health professionals; administrative and direct care staff at agencies providing services to persons with intellectual and developmental disabilities; family members; social workers; HMO representatives; and employees of the New Jersey Departments of Human Services, Children and Families, and Health.

#### Accreditation

Everyone who attends will receive a Certificate of Attendance. Certificates of Attendance will only be distributed at the end of the afternoon workshops. Application for CME credit has been filed with the **American Academy of Family Physicians (AAFP)**. Determination of credit is pending.

This program is pending CE approval with the **American Academy of Nurse Practitioners (AANP)** and the **Commission for Case Manager Certification (CCMC)**.

#### Directions to the Westin Princeton Forrestal Village

201 Village Boulevard • Princeton, NJ 08540 • (609) 452-7900

The Westin Princeton is located in the Forrestal Village, on Southbound Route 1 in Princeton, NJ. Please note: Whether you are traveling north or south on Route 1, use the exit marked "Forrestal Village."

For directions, please contact **Jennifer Lynch** by phone: 732-784-6397 or email: [jlynch@arcnj.org](mailto:jlynch@arcnj.org). The Westin is offering a discounted room rate of \$159 for the evening of June 2nd. To reserve a hotel room, call 609-452-7900 and indicate that you will be attending The Arc of New Jersey's conference.

**THIS DISCOUNT RATE IS AVAILABLE UNTIL MAY 2, 2016.**

Pre-Sort  
First Class Mail  
US Postage  
PAID  
New Brunswick, NJ  
PERMIT #1

27<sup>th</sup> Annual Conference on Medical Care  
June 3, 2016  
Space is limited - Register today!  
Exhibiting Opportunities Available

  
The Arc  
of New Jersey  
Mainstreaming Medical Care  
985 Livingston Avenue  
North Brunswick, NJ 08902



**The Arc**  
of New Jersey

**27<sup>th</sup> ANNUAL CONFERENCE**  
ON MEDICAL CARE FOR PERSONS  
WITH INTELLECTUAL &  
DEVELOPMENTAL DISABILITIES  
*PROMOTING QUALITY HEALTHCARE*

**FRIDAY, JUNE 3, 2016**

**WESTIN PRINCETON  
FORRESTAL VILLAGE ~ PRINCETON, NEW JERSEY**

**SPONSORED BY:**  
**MAINSTREAMING MEDICAL CARE**  
(A Program of The Arc of New Jersey)

**IN COOPERATION WITH:**  
NJ DIVISION OF MEDICAL ASSISTANCE AND  
HEALTH SERVICES

NJ DIVISION OF DEVELOPMENTAL DISABILITIES

**WITH AN EDUCATIONAL GRANT FROM:**  
HORIZON NJ HEALTH

## CONFERENCE SCHEDULE

**8:00 – 9:00 REGISTRATION, CONTINENTAL BREAKFAST AND EXHIBITS**

**9:00 – 9:15: WELCOME AND OPENING REMARKS**

**Robert Hage**

President, The Arc of New Jersey

**Thomas Baffuto**

Executive Director, The Arc of New Jersey

**Leone Murphy, APN**

Chair, Mainstreaming Medical Care Advisory Board

**Beverly Roberts, M.Ed.**

Director, Mainstreaming Medical Care Program, The Arc of New Jersey

### PLENARY SESSION 9:15 – 11:15

**9:15 – 9:30 - INTRODUCTORY REMARKS**

**Elizabeth Connolly, Acting Commissioner, New Jersey Department of Human Services (Invited)**

### MORNING KEYNOTE ADDRESS 9:30 – 10:30

*The State of Developmental Medicine: Programs, Promises and Providers*

**Rick Rader, MD, FAAIDD** is the Director of the Morton J. Kent Habilitation Center at the Orange Grove Center in Chattanooga, TN where he is responsible for the creation, implementation and evaluation of programs addressing the future medical problems of individuals aging with intellectual and developmental disabilities. He is the editor in chief of Exceptional Parent Magazine and has published more than 300 articles in the field of special needs. A founding member of the American Academy of Developmental Medicine and Dentistry, Dr. Rader has been a consultant to five former US Surgeons General in the area of health and disability. He is a member of the Global Medical Advisory Committee at Special Olympics International and was elected to the National Academy of Practice in Medicine as a Distinguished Practitioner. He is the Emeritus Advisor in Healthcare Innovations at the Agency for Healthcare Research and Quality at the U.S. Department of Health and Human Services.

Starting with the question, “Where are we in the development of developmental medicine?” Dr. Rader provides us with an excursion examining programs aimed at grooming clinicians in the best practices of caring for and about patients with intellectual disabilities. He discusses the first program using individuals with ID as “patient simulators” in teaching medical students and residents; the mentoring of Direct Support Professionals in their role as “patient escorts”, the novelty of “prescribing” health-promoting lifestyles, the emergence of dementia, and the importance of designating this population as a Medically Underserved Population. He shares his twenty years of being in the trenches trying to outwit the medical mediocrity associated with treating patients with intellectual and developmental disabilities and provides a positive pathway for progress for the future.

**10:30 – 11:15: UPDATES FROM THE NJ DEPARTMENT OF HUMAN SERVICES**

**NJ FAMILYCARE/MEDICAID: Meghan M. Davey, Director, NJ Division of Medical Assistance and Health Services**

**NJ DIVISION OF DEVELOPMENTAL DISABILITIES:**

**Elizabeth M. Shea, Assistant Commissioner, NJ Department of Human Services, Division of Developmental Disabilities**

**BREAK: 11:15 – 11:30**

### MORNING WORKSHOPS 11:30 – 12:30

#### 1. SOMETHING ISN'T RIGHT... NOW WHAT DO I DO? BEHAVIOR AND SPASTICITY ASSESSMENT

**Speakers: Seth M. Keller, MD, Co-Chair National Task Group on Intellectual Disabilities and Dementia Practices, Past President American Academy of Developmental Medicine and Dentistry and Evan Spivack, DDS, Director, Special Care Treatment Center, Rutgers School of Dental Medicine**  
Patients who are non-verbal or verbally limited present caregivers and medical providers with unique challenges. This interdisciplinary presentation will review the case of an individual with cerebral palsy complicated by worsening spasticity and self-injurious behavior. Discussion will explore the process of determining underlying causes for behavior changes, workup and possible treatment options.

#### 2. TRANSITION TO ADULT HEALTH CARE: CHALLENGES, OPPORTUNITIES, AND STRATEGIES

**Speaker: Deborah M. Spitalnik, PhD, Executive Director, The Boggs Center on Developmental Disabilities, Professor of Pediatrics, Rutgers Robert Wood Johnson Medical School**  
*The New Jersey Action Blueprint for Transition to Adult Health Care*, the result of a year-long stakeholder planning process convened by The Boggs Center on Developmental Disabilities, will be presented. Participants will develop a shared understanding of the challenges in the transition from pediatric to adult health care facing emerging adults with developmental disabilities, their families and health care providers, followed by a discussion of opportunities and strategies to enhance transition in New Jersey.

#### 3. DO YOU ECHO?

**Speakers: Lucille Esralew, Ph.D., NADD-CC, CDP, Clinical Administrator, Crisis Assessment Response and Enhanced Services (CARES) Program, Trinitas Regional Medical Center, and Leone Murphy, APN, Supervisor, Statewide Clinical Outreach Program for the Elderly (S-COPE), Trinitas Regional Medical Center**  
Project ECHO is a cutting-edge approach to education and mentoring using teleconferencing, which allows for multiple sites to collaborate with Trinitas Regional Medical Center's expert team through case review and brief training modules, in order to promote best practice in behavioral health for individuals with disabilities. Two of the facilitators of Trinitas will lead participants in an interactive review of key principles and a sample ECHO session.

#### 4. MEDICAID AND THE COMMUNITY CARE WAIVER (CCW)

**Speakers: Kelli Rice, Director of the Community Care Waiver, Division of Developmental Disabilities (DDD) and Kelly Friedrich, Community Care Waiver Administrator, DDD**  
The presenters will provide an overview of the Community Care Waiver (CCW) highlighting the relationship between the Waiver and Medicaid eligibility. Topics that will be discussed include: the potential impact of a parent's retirement on eligibility; what to do when there are Social Security benefit or other income changes; and tips for maintaining CCW Medicaid eligibility.

#### 5. HEALING TRAUMA: WHAT GOES ON IN THE GROUP ROOM?

**Speakers: Nancy J. Razza, Ph.D., NJ Licensed Psychologist, Supervising Psychologist, The Arc of Monmouth Health Services, and Adjunct Assistant Professor of Pediatrics, Boggs Center on Developmental Disabilities, Rutgers Robert Wood Johnson Medical School, and Kristen Creed, MS, LPC, Director of Health Services, The Arc of Monmouth**  
This presentation will help participants deepen their understanding of simple and complex trauma in people with intellectual disability (ID). We will look at the importance of caregivers, family members and paraprofessional staff in supporting the recovery process, as well as the role of mental health professionals.

#### 6. SOCIAL SECURITY WORK INCENTIVES 101: BLUEPRINT FOR SSI AND SSDI BENEFICIARIES

**Speaker: Greg Makely, Director of Employment Services, The Family Resource Network**  
Do work and SSI or SSDI benefits mix? The answer is yes! Workshop participants will be given an overview of Supplemental Security Income and Social Security Disability Work Incentives, NJ Workability Medicaid, Continuing Disability Reviews, Ticket Usage, Employment Networks, and Timely Progress Reviews. Knowing how to use these tools will allow beneficiaries to control the loss of benefits for as long as they are needed while starting, continuing or increasing work efforts.

**LUNCH: 12:30 – 1:30**

### AFTERNOON KEYNOTE ADDRESS 1:30 – 2:15

*Special Needs Ambassador Program: Paving the Way for Hospitals to Embrace Persons with Intellectual Disabilities through Patient Navigation, Advocacy and Education*

**John Bonamo, M.D., MS, FACOG, Executive Vice President and Chief Medical Officer, Barnabas Health; Patricia Miller, MA, Operations Director, Cancer Center at Saint Barnabas Medical Center, Bonnie S. Sacks, BSN, MA, Nurse Manager of Pediatrics/Child Life, Saint Barnabas Medical Center.**

The Special Needs Ambassador Program (SNAP) at Saint Barnabas Medical Center was created to raise awareness and to assist individuals with special needs and their families to navigate throughout the hospital to promote a better experience. The goal of this program is to support the patient and family during their experience at Saint Barnabas Medical Center. SNAP Ambassadors are employee volunteers who receive training on the spectrum of developmental disorders, along with strategies to assist individuals and their families throughout their stay based on an individualized plan.

**BREAK: 2:15 – 2:30**

### AFTERNOON WORKSHOPS 2:30 – 3:30

#### 7. MEDICAID MANAGED CARE APPEALS IN NEW JERSEY

**Speakers: Susan Saidel Esq., Legal Director, Disability Rights New Jersey (DRNJ) and August Pozgay Esq., Staff Attorney, DRNJ**  
This workshop addresses the appeals process for recipients of Medicaid who seek to challenge a denial, reduction, or termination of healthcare services by a Medicaid managed care organization. The workshop will cover the several stages and avenues for appeal, common legal issues, and case strategies for effective advocacy.

#### 8. THE INTERPLAY OF MEDICAL AND PSYCHIATRIC ASSESSMENTS IN CREATING A SYNERGISTIC APPROACH TO PATIENT CARE IN A DEVELOPMENTAL DISABILITIES PRACTICE

**Speakers: Jeffry Nurenberg, MD, Associate Clinical Professor of Psychiatry, Rutgers New Jersey Medical School at Newark, and Staff Psychiatrist, Developmental Disabilities Center, Morristown Medical Center, Atlantic Health, and Theodor Feigelman, MD, Internal Medicine Division Director, Developmental Disabilities Center, Atlantic Health**  
Individuals with developmental disabilities may present with obscure symptoms, which do not often fit into textbook definitions. The speakers will discuss several individual presentations which will be very informative to the audience and may surprise experienced clinicians.

#### 9. GROUP VISITS FOR THE GROUP HOME

**Speakers: Joyce Yuen, DO; Aparna Ramchandran, MD; Antonia Carbone, PharmD; Stuart Green, DMH, LCSW; and John Nevins, DO, FAFP, Overlook Family Medicine Residency**  
This session will put the spotlight on a model of care which involves the patient and direct care staff participating in an ongoing engagement with their primary care office. Recurrent group visits include patient evaluations for acute and chronic conditions, combined with an ongoing multidisciplinary health education program. It is an approach which addresses individual patient needs while teaching patients and staff about conditions which will affect them. Learn how this practice developed this approach to caring for some of the most complex and at-risk patients.

#### 10. HOW FAMILY-CENTERED CARE CREATES SUCCESSFUL HEALTHCARE TRANSITIONS

**Speaker: Stephanie A. Pratico, Special Needs Healthcare Consultant, Valuable Partners, LLC and Chair, New Jersey Council on Developmental Disabilities**  
This session will explore the history and principles of patient and family-centered care. We will also discuss how applying these principles and strategies can increase communication between providers, patients and families, and yield successful transitions from pediatric to adult healthcare.

#### 11. CARES: NEW JERSEY'S RESPONSE TO BEHAVIORAL HEALTH CRISES OF ADULTS WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES

**Speakers: Ted Calefati, CARES Program Director, Trinitas Regional Medical Center, Lucille Esralew, Ph.D., NADD-CC, CDP, Clinical Administrator, and Bonny Life, Program Coordinator, CARES Program**  
As of January 1, 2016 Crisis Assessment Response and Enhanced Services (CARES) of Trinitas Regional Medical Center became New Jersey's statewide team responding to behavioral health crises of adults (21+) with intellectual and developmental disabilities. This presentation will provide an overview of how CARES works alongside DD provider agencies, families, and mental health agencies to promote best practices, provide short-term treatment and help stabilize adults in behavioral and mental health crisis.

**FOR FURTHER INFORMATION, INCLUDING EXHIBITING OPPORTUNITIES, PLEASE CONTACT:  
Mainstreaming Medical Care Program, Jennifer Lynch  
Phone & Fax 732-784-6397 ~ Email: jlynch@arcnj.org**