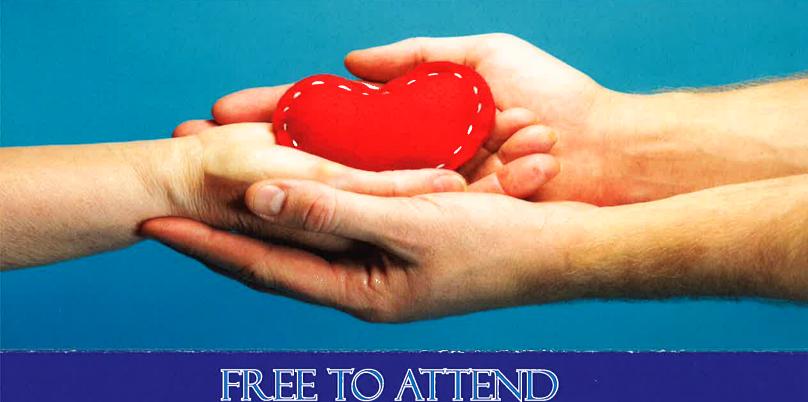
WHO CARES FOR THE CAREGIVER? An Informative Survivor's Guide

Tuesday, August 25, 2015 Drury Lane Theatre & Conference Center 100 Drury Lane, Oakbrook Terrace, Illinois



FREE TO ATTEND

Please RSVP by August 18 to Kaitie at (630) 293-5990 or khauser@ageguide.org

Doors will open promptly at 6:00 p.m., but no sooner.

Light Refreshments 6:00 p.m.

Program, presented by Henry Connell 6:30 p.m.

Have more control and less stress by caring for yourself while you also care for others!

Learn the steps to a proven caregiving plan designed with a realistic view of the process from someone who has been there. Whether you're a rookie or seasoned caregiver, this seminar will teach you to have the self-compassion, self-worth and self-preservation to get you through a very challenging period.



Working Harder to Make Aging Easier

Chartered in 1974, the Agency on Aging is a non-profit organization dedicated to combining resources, leadership and expertise on aging. Serving DuPage, Grundy, Kane, Kankakee, Kendall,