

"Great way to share knowledge and prepare us for obesity [certification]."



What is it?

The Obesity Medicine Certification Review Course addresses the topics related to obesity medicine about which physicians may be tested on the American Board of Obesity Medicine certification exam. This course is intended to help physicians review the relevant content and prepare to take the exam.



Who should attend?

Physicians seeking certification in obesity medicine through the American Board of Obesity Medicine.

wednesday, september 30

- 1:00-1:15 PM **Welcome and Introduction**
William McCarthy, MD, Dipl. ABOM
- 1:15-2:00 PM **Epidemiology and Determinants of Obesity**
Amy Arrow Articolo, DO, FACOOG, Dipl. ABOM
- 2:00-2:45 PM **Assessment and Evaluation**
U. Inge Ferguson, DO, FACOI, Dipl. ABOM
- 2:45-4:00 PM **Pathophysiology (Part 1)**
Jeffrey Sicut, MD, FACE, Dipl. ABOM
- 4:00-4:15 PM **Introduction to ABOM Certification**
Josie Burke, ABOM Director of Physician Relations
- 4:15-5:30 PM **Pathophysiology (Part 2)**
Jeffrey Sicut, MD, FACE, Dipl. ABOM
- 5:30-6:15 PM **Nutrition (Part 1)**
Ethan Lazarus, MD, Dipl. ABOM
- 6:15-7:00 PM **Welcome Reception**

thursday, october 1

- 7:00-7:45 AM **Breakfast**
- 8:00-8:45 AM **Nutrition (Part 2)**
Ethan Lazarus, MD, Dipl. ABOM
- 8:45-9:45 AM **Physical Activity**
Deborah Bade Horn, DO, MPH, FASBP, Dipl. ABOM

"All speakers were very well prepared, passionate, and great teachers. I am so glad I took this course."

- 9:45-10:45 AM **Surgery**
John Morton, MD, FASMBS, Dipl. ABOM
- 10:45-11:15 AM **Break in Exhibit Hall**
- 11:15 AM-12:30 PM **Behavioral and Psychosocial Diagnosis and Treatment**
Carl Knopke, MD, Dipl. ABOM
- 12:30-1:30 PM **Lunch in Exhibit Hall**
- 1:30-3:00 PM **Pediatrics**
Suzanne E. Cuda, MD, FAAP, Dipl. ABOM
- 3:00-3:45 PM **Pharmacotherapy (Part 1)**
Harold Bays, MD, FTOS, FACE, FNLA, Dipl. ABOM
- 3:45-4:15 PM **Break in Exhibit Hall**
- 4:15-4:45 PM **Pharmacotherapy (Part 2)**
Harold Bays, MD, FTOS, FACE, FNLA, Dipl. ABOM

- 4:45-5:30 PM **Obesity Medicine Treatment Strategies**
Sarah Hallberg, DO, MS, Dipl. ABOM
- 5:30-6:00 PM **Practice Management**
Amy Arrow Articulo, DO, FACOOG, Dipl. ABOM
- 6:00-7:00 PM **Exhibit Hall Happy Hour and Poster Session**

"This would have to be one of the best educational seminars I've ever been to. It has motivated me to move forward with my plans to practice obesity medicine."

Accreditation

- The Society designates this live activity for a maximum of 13 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**
- The Society designates this live activity for a maximum of 13 AOA Category 1-A credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Certification Examination for Obesity Medicine Physicians

Exam Dates:
December 5th – 12th, 2015

Early Application Deadline: July 13, 2015
Final Application Deadline: August 24, 2015

An obesity medicine physician is a physician with expertise in the sub-specialty of obesity medicine.

This sub-specialty requires competency in and a thorough understanding of the treatment of obesity and the genetic, biologic, environmental, social, and behavioral factors that contribute to obesity. The obesity medicine physician employs therapeutic interventions including diet, physical activity, behavioral change, and pharmacotherapy. The obesity medicine physician utilizes a comprehensive approach,

and may include additional resources such as nutritionists, exercise physiologists, psychologists and bariatric surgeons as indicated to achieve optimal results. Additionally, the obesity medicine physician maintains competency in providing pre- peri- and post-surgical care of bariatric surgery patients, promotes the prevention of obesity, and advocates for those who suffer from obesity.

For more information visit www.abom.org



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