



What is it?

The Fall Obesity Summit addresses topics related to current and emerging scientific research, evidence-based treatment approaches, technologies, and clinical and practical methods used by clinicians in the field of obesity medicine. This summit is intended to enhance attendees' knowledge about a wide range of topics related to the treatment of patients affected by obesity.



Who should attend?

Health care providers who want to understand and implement the most effective clinical approaches to obesity treatment.

friday, october 2

Breakout Sessions

On Friday, two breakout sessions will happen concurrently each hour. Attendees may choose the sessions that most interest them and attend those lectures.

7:00-7:45 AM **Breakfast Educational Event**

8:00-9:00 AM **Pre-habilitation and Medical Optimization for the Surgical Patient: The Role of the Obesity Specialist**
Rodney James Voisine, MD, BS.Pharm, Dipl. ABOM

OR

Understanding the Genetics of Ethnic Differences in Obesity-related Traits
José R. Fernández, PhD

9:15-10:15 AM **Weight Bias in Today's Society**
Joseph Nadglowski

OR

Oral Abstract Presentations, Sponsored by the Obesity Treatment Foundation
Presenters to be determined

10:15-11:15 AM **Break in Exhibit Hall and Committee Meetings**

11:15 AM-12:15 PM **The "How-tos" of Pediatrics in Obesity Medicine**
Marisa Censani, MD, Dipl. ABOM, and Suzanne E. Cuda, MD, FAAP, Dipl. ABOM

OR

Pathophysiologic/Metabolic Differences among Various Ethnicities
Denia Tapscott, MD, Dipl. ABOM

12:15-1:15 PM **Lunch in Exhibit Hall and Committee Meetings**

1:15-2:15 PM **Genetic Influences on Pediatric Obesity in a Diverse Population**
José R. Fernández, PhD

OR

Treating African-Americans in Obesity Medicine
Denia Tapscott, MD, Dipl. ABOM

2:30-3:30 PM **The "How-tos" of Diets in Obesity Medicine**
Joan Temmerman, MD, MPH, MS, FAAFP, CNS, Dipl. ABOM

OR

When Hooves Might Be Zebras: Rare Conditions That Come into an Obesity Clinic
Sarah Hallberg, DO, MS, Dipl. ABOM

3:30-4:30 PM **Break in Exhibit Hall and Committee Meetings**

4:30-5:30 PM **An Integrative, Family-based Approach to Childhood Obesity**
David S. Ludwig, MD, PhD

OR

The "How-tos" of Pharmacotherapy in Obesity Medicine
W. Allen Rader, MD, FASBP

5:30-7:00 PM **65th Anniversary Celebration**

*"A great educational experience.
One of the best I have been to."*

saturday, october 3

6:30-7:15 AM **Physical Activity Demonstration**
(No CME offered)

7:00-7:45 AM **Breakfast**

8:00-9:00 AM **Opening Keynote Lecture: Which Comes First, Overeating or Obesity?**
David S. Ludwig, MD, PhD

9:00-10:00 AM **Molecular Nutrition: The Edible Fabric of Health and Disease**
Jeffrey I. Mechanick, MD, FACP, FACN, FACE, ECNU

"The lecturers and topics were excellent, some of them paradigm changing. Very well-done convention – the best I've been to in years."

- 10:00-10:15 AM **Advanced Curriculum Fellowship Program Overview**
- 10:15-11:15 AM **How Anti-obesity Medications Help with Weight-loss Maintenance**
Domenica Rubino, MD, Dipl. ABOM
- 11:15 AM-12:15 PM **Recidivism After Bariatric Surgery**
Denis Halmi, MD, FACS
- 12:15-1:45 PM **Lunch**
- 1:45-2:45 PM **How Disruption of Sedentary Time with NEAT Can Help with Weight-loss Maintenance**
Barbara J. Nicklas, PhD
- 2:45-3:45 PM **Innovative Research to Improve Maintenance of Weight Loss**
Paul MacLean, PhD
- 3:45-4:00 PM **Obesity Treatment Foundation Overview**
Stacy Schmidt, PhD, Executive Director of the Foundation
- 4:00-5:30 PM **Panel Discussion**
Panelists to be determined
- 5:30-7:00 PM **Obesity Treatment Foundation Cocktail Party and Silent Auction**

"This conference was well worth the time... It offered much information useful in current practice."

sunday, october 4

- 7:00-8:00 AM **Breakfast and ABOM Pinning Ceremony**
- 8:15-9:15 AM **Keynote Lecture: Addressing Weight Bias in Health Care: How to Be a Better Doctor**
Scott Kahan, MD, MPH, Dipl. ABOM
- 9:15-10:15 AM **Testosterone and Metabolic Syndrome**
Adrian Sandra Dobs, MD, MHS
- 10:15-10:30 AM **Break**
- 10:30-11:30 AM **The Role of Foods and Gut Microbiota in Intestinal Hyper-permeability and Leaky Gut: Clinical Applications**
Krishna Doniparthi, MD
- 11:30 AM-12:00 PM **Panel Discussion**
Panelists to be determined

"Very informative, [I] came home with a new excitement and new tools to help our patients."

Accreditation

- The Society designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**
- The Society designates this live activity for a maximum of 17 AOA Category 1-A credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.