

**What is it?**

The Fall Obesity Summit addresses topics related to current and emerging scientific research, evidence-based treatment approaches, technologies, and clinical and practical methods used by clinicians in the field of obesity medicine. This summit is intended to enhance attendees' knowledge about a wide range of topics related to the treatment of patients affected by obesity.

**Who should attend?**

Health care providers who want to understand and implement the most effective clinical approaches to obesity treatment.

friday, october 2**Breakout Sessions**

On Friday, two breakout sessions will happen concurrently each hour. Attendees may choose the sessions that most interest them and attend those lectures.

- 7:00-7:45 AM **Breakfast Educational Event**
- 8:00-9:00 AM **Pre-habilitation and Medical Optimization for the Surgical Patient: The Role of the Obesity Specialist**
Rodney James Voisine, MD, BS.Pharm, Dipl. ABOM
- OR**
- Understanding the Genetics of Ethnic Differences in Obesity-related Traits**
José R. Fernández, PhD
- 9:15-10:15 AM **Weight Bias in Today's Society**
Joseph Nadglowski
- OR**
- Oral Abstract Presentations, Sponsored by the Obesity Treatment Foundation**
Presenters to be determined
- 10:15-11:15 AM **Break in Exhibit Hall and Committee Meetings**
- 11:15 AM-
12:15 PM **The "How-tos" of Pediatrics in Obesity Medicine**
Marisa Censani, MD, Dipl. ABOM, and Suzanne E. Cuda, MD, FAAP, Dipl. ABOM
- OR**
- Pathophysiologic/Metabolic Differences among Various Ethnicities**
Denia Tapscott, MD, Dipl. ABOM

12:15-1:15 PM **Lunch in Exhibit Hall and Committee Meetings**

1:15-2:15 PM **Genetic Influences on Pediatric Obesity in a Diverse Population**

José R. Fernández, PhD

OR

Treating African-Americans in Obesity Medicine

Denia Tapscott, MD, Dipl. ABOM

2:30-3:30 PM **The "How-tos" of Diets in Obesity Medicine**

Joan Temmerman, MD, MPH, MS, FAAFP, CNS, Dipl. ABOM

OR

When Hooves Might Be Zebras: Rare Conditions That Come into an Obesity Clinic

Sarah Hallberg, DO, MS, Dipl. ABOM

3:30-4:30 PM **Break in Exhibit Hall and Committee Meetings**

4:30-5:30 PM **An Integrative, Family-based Approach to Childhood Obesity**

David S. Ludwig, MD, PhD

OR

The "How-tos" of Pharmacotherapy in Obesity Medicine

W. Allen Rader, MD, FASBP

5:30-7:00 PM **65th Anniversary Celebration**

*"A great educational experience.
One of the best I have been to."*

saturday, october 3

6:30-7:15 AM **Physical Activity Demonstration**
(No CME offered)

7:00-7:45 AM **Breakfast**

8:00-9:00 AM **Opening Keynote Lecture: Which Comes First, Overeating or Obesity?**

David S. Ludwig, MD, PhD

9:00-10:00 AM **Molecular Nutrition: The Edible Fabric of Health and Disease**

Jeffrey I. Mechanick, MD, FACP, FACN, FACE, ECNU

“The lecturers and topics were excellent, some of them paradigm changing. Very well-done convention – the best I’ve been to in years.”

- 10:00-10:15 AM **Advanced Curriculum Fellowship Program Overview**
- 10:15-11:15 AM **How Anti-obesity Medications Help with Weight-loss Maintenance**
Domenica Rubino, MD, Dipl. ABOM
- 11:15 AM-12:15 PM **Recidivism After Bariatric Surgery**
Denis Halmi, MD, FACS
- 12:15-1:45 PM **Lunch**
- 1:45-2:45 PM **How Disruption of Sedentary Time with NEAT Can Help with Weight-loss Maintenance**
Barbara J. Nicklas, PhD
- 2:45-3:45 PM **Innovative Research to Improve Maintenance of Weight Loss**
Paul MacLean, PhD
- 3:45-4:00 PM **Obesity Treatment Foundation Overview**
Stacy Schmidt, PhD, Executive Director of the Foundation
- 4:00-5:30 PM **Panel Discussion**
Panelists to be determined
- 5:30-7:00 PM **Obesity Treatment Foundation Cocktail Party and Silent Auction**

“This conference was well worth the time... It offered much information useful in current practice.”

sunday, october 4

- 7:00-8:00 AM **Breakfast and ABOM Pinning Ceremony**
- 8:15-9:15 AM **Keynote Lecture: Addressing Weight Bias in Health Care: How to Be a Better Doctor**
Scott Kahan, MD, MPH, Dipl. ABOM
- 9:15-10:15 AM **Testosterone and Metabolic Syndrome**
Adrian Sandra Dobs, MD, MHS
- 10:15-10:30 AM **Break**
- 10:30-11:30 AM **The Role of Foods and Gut Microbiota in Intestinal Hyper-permeability and Leaky Gut: Clinical Applications**
Krishna Doniparthi, MD
- 11:30 AM-12:00 PM **Panel Discussion**
Panelists to be determined

“Very informative, [I] came home with a new excitement and new tools to help our patients.”

Accreditation

- The Society designates this live activity for a maximum of 17 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Application for CME credit has been filed with the American Academy of Family Physicians. **Determination of credit is pending.**
- The Society designates this live activity for a maximum of 17 AOA Category 1-A credit(s). Physicians should claim only the credit commensurate with the extent of their participation in the activity.