

Past, Present and Future Directions in Suffolk County Mental Health Resources

April 19, 2016

Pilgrim Psychiatric Center



Office of
Mental Health

Welcome and Opening Remarks

- Dr. Martha Carlin: Welcome
 - Why Are We Here?
- Jenine Yannucciello
 - Adult SPOA –
 - phone: 631-853-6204, fax: 853-6451
 - SPA – Jessica Adelberg, Housing Coordinator
 - Children's SPOA – Dr. Kathie Herz
 - Clinic Changes
 - Open Access hours for all clinics
 - OnTrack NY

Children's SPOA

- Target Population: Children ages 5 - 17
- Services Offered: Access to Services:
- | <u>In-Home</u> | <u>Out of Home</u> |
|---------------------|--------------------------------|
| HCBS Services | Residential Treatment Facility |
| ICM and SCM | Community Residences |
| Family Support Svcs | Teaching Family Home |
- Contact Information: Dr. Kathleen Herz
 - Phone: (631) 853-2949
 - E-mail: kathleen.herz@suffolkcountyny.gov

On Track NY

Farmingville MH Clinic

Target Population: Services Offered:

Individuals age 16–30 experiencing a first episode of psychosis (FEP)

Services Offered:

- Individual, Group & Family Treatment
- Medication Management

Hours of Operation:

Contact: Michael Starr or Barbara Hickman

Phone: (631) 854-2552

E-mail:

Mobile Integration Team (Children and Adolescents)

- Target Population:
Under18 with Serious Emotional Disturbances
- Services Offered:
 - Psychiatric Rehabilitation
 - Parent/Family Support
 - Skill Building
 - In-Home Respite
 - Community Linkage
 - Crisis Intervention
 - Outreach
 - Health Teaching
 - In-school Supports



Mobile Integration Team (Children and Adolescents)

- Hours of Operation:
 - Monday 6am-5pm;
 - Tuesday, Wednesday, Thursday 6am-7pm;
Friday 8am-7pm;
 - Saturday 11am-7pm; Sunday 6am-2pm
 - Contact Information: Renee Zeoli
 - Phone: (631) 370-1701
 - E-mail: renee.zeoli@omh.ny.gov



Sagamore Crisis Respite House

- **Target Population:** Children 10 – 17 who are experiencing a crisis in their residence
- **Services Offered:** 8 bed program
 - up to 2 week length of stay
 - Crisis Stabilization
 - Behavior Support
 - Medication Education and Training
 - Family and Peer Support
 - Parenting Education
- **Hours of Operation:** 24/7
 - (Intake Monday – Friday 8:30 – 5:00)
- **Contact Information:**
 - (631) 370-1606 - ask for Respite/Intake



Suffolk Co. Children's Crisis Respite Program

Coordinated by: Sagamore Children's Psych Center

- Target Population: Children under age 18
- Services Offered: For up to 21 days:
 - Short-term residential care during psych crisis
 - Structure and support to stabilize symptoms
 - Respite for the family
 - Assessment and crisis planning
 - Linkage to appropriate services
- Hours of Operation: Monday – Friday, 9:00 - 5:00
- Contact Information: Anjali Papiacovou
 - Phone: 370-1657
 - E-mail: Anjali.papiacovou@omh.ny.gov



Pederson-Krag Center

Home Based Crisis Intervention (HBCI)

- Target Population: Children/Youth 5 – 17 in crisis
- Services Offered: 4-6 week period of in-home services
 - Team of Crisis Counselor, Clinical Supervisor, Psychiatrist
 - Advocacy with schools, justice system, financial support
 - Parent Support/Education
 - Behavior Modification Training
 - Linkage with other treatment/support services
 - Aftercare component for children discharged from hospital
- Hours of Operation:
 - Monday – Friday 9 AM – 5 PM for Referrals
 - 24/7 pager coverage for accepted cases
- Contact Information: Kym Belfi
- Phone: (631) 920-8300



Suffolk Co. Mobile Crisis Team

- Target Population:
 - Child/Adult experiencing a psychiatric crisis
- Services Offered:
 - Phone screening/verbal intervention
 - Assessment & intervention at home or community
 - Arrange with police for transport to ER if needed
- Hours of Operation:
 - 10:00 AM – 11:00 PM, 7 days/week
- Contact Information:



Adult Mobile Integration Team

- Target Population:
 - 18 years and over with Axis I diagnosis
- Services Offered:
 - Health Teaching
 - Health Assessment
 - Skill Building
 - Psychiatric Rehabilitation & Recovery
 - Peer Support and Skills Training
 - Collaboration with Legal System
 - Outreach and Engagement
 - Collaboration with ED staff
 - Physical Health Care
 - Consultation and Information
 - Behavioral Support and Consultation
 - Facilitation of Community Support and Care
 - Brief Therapeutic Support
 - Family and Caregiver Support and Skills Building



Adult Mobile Integration Team

- Hours of Operation:
 - Monday - Friday 8:00AM - 6:00PM
 - Saturday - 8:00 AM - 4:30 PM
- Contact Information: Martin Godek, TTL
 - Nassau MIT (631) 761-4507
 - Suffolk MIT (631) 924-44111 Ext 244
- E-mail: Martin.Godek@omh.ny.gov



Crisis Respite Beds

Concern for Independent Living

- Target Population:
 - Adults w/ SMI dx experiencing a housing crisis
 - Must have permanent housing
- Services Offered: Respite for up to 28 days
 - Peer support
 - conflict resolution
 - stress reduction techniques
 - substance abuse supports,
 - wellness self-management,
 - de-escalation to avoid more intensive placement

Crisis Respite Beds

Concern for Independent Living

- Hours of Operation: 24/7 for up to 28 days
- Contact Information:
 - Yvette Boisnier – (631) 947-2908 X 413
 - Karen Nauss - (631) 947-2900 X 405
 - E-mail:

Hospital Diversion Program

FREE

- Target Population:
 - Adults with SMI who need short term respite
 - Services Offered:
 - 4 bed Hospital Diversion/Crisis Respite Services program
 - Temporary respite care for 7-14 days (not to exceed 30 days)
 - Assess, monitor and help develop support plan and relapse prevention plan, in collaboration with outpatient providers
- Hours of Operation:
 - 24 hours/day, 7 days/week
- Contact Information: Danielle Friedman
- Phone: (516) 870-1600 X1761
- E-mail: dfriedman01@family res.org

Forensic Supported Housing (FREE)

- Target Population:
 - Adults Released from Prison
 - Adults discharged from Pilgrim with Prison History
- Services Offered:
 - Supported Housing with additional supports
 - Evidence Based Practices incl. Motivational Interviewing
- Hours of Operation: 24/7
- Contact Information: Holly Richards-Mosby
 - Phone: (516) 870-1631

Service Planning Unit Federation of Organizations

- 8-Bed Program providing temporary housing at the Irving Berkowitz Residence
- **Target Population**
 - Adults 18+ residing in Suffolk County diagnosed with mental illness
 - currently hospitalized (for psych or medical reasons) who have no solidified housing plan upon hospital discharge and desire to enter housing via the SPA system.
- **Services Offered:**
 - Temporary 28-day housing placement with rapid access to housing via SPA for more permanent housing in the community in a community residence, CR/SRO, Apartment Treatment or Supported Housing.
 - Rapid access to an intake for the SPU Program while in the hospital.
 - Single bedrooms, shared kitchens, bathrooms and common areas
 - The residence has 24 hour, 7 day a week housing staff
 - Medication monitoring, linkage to medical and psychiatric care, community integration, etc.
- **Contact information:**
 - Randi Giebel, LMHC, Intake Coordinator
 - 631-236-4326 ext. 3122
 - rgiebel@fedoforg.org



Residential Respite Program Federation of Organizations

- **Target Population:**
 - Adults 18+ residing in Suffolk County who need a short-term respite from their current housing situation
 - Individuals seeking a respite stay need to be able to manage medications independently and have housing to return to after their temporary stay in Respite.
- **Services Provided:**
 - Temporary stay of up to 14-days
 - 2 male beds available in Deer Park and 1 female bed available in Patchogue
 - Peer worker resides in the home and is available to provide peer support
 - A Case Manager available to meet with individual in respite on a daily basis for additional support
- **Hours of Operation:** 24 hours a day, 7 days a week
- **Contact information:** Nancy Magee, MHC, Program Manager
 - 631-236-4325 ext 5113
 - nmagee@fedoforg.org
- Referrals can be faxed to: 631-299-2449 or emailed to: respitifax@fedoforg.org



Residential Transitional Support Teams

Federation of Organizations

- Two Multidisciplinary teams working throughout Suffolk County
- **Target Population:**
 - Adults living in Supported Housing who need additional services
 - Adults living in other levels of SPA housing who need additional services in order to move into Supported Housing
- **Services Offered:**
 - Medication Management
 - Symptom Management
 - Coordination and Collaboration with Health Services
 - Daily Living Skills Training, Travel Training, Community Integration
 - Linkages to Community Resources incl. employment and educational services
 - Crisis Intervention including access to a 24-hour emergency line and warm line
- **Hours of Operation**
 - 8am-9pm seven days a week
- **Contact Information** - Eric Schatzel, Program Manager
 - Phone: 631-299-2530 ext. 5111
 - eschatzel@fedoforg.org
- Benjamin Turner, Program Supervisor Team A 631-236-4299 ext.5122 bturner@fedoforg.org
- Marci Mirisola, Program Supervisor Team B 631-236-4299 ext. 3107 mmirisola@fedoforg.org
- Referrals can be made by the service recipient, housing or treatment providers, care coordinators, etc.

Mobile Residential Support Teams

- Target Population:
 - Adults living in Supported Housing
- Services Offered:
 - Wellness Services; Smoking Cessation
 - Medication management; Symptom management
 - Health services coordination
 - Skill development
 - Crisis Intervention
 - Educational and Vocational services and supports
 - Referrals and Linkage to community resources
- Hours of Operation:
 - 9AM – 5 PM, 7 days/week

Mobile Residential Support Teams

- Options for Community Living
 - Linda Licato – (631) 361-9020 X 1182
- Concern For Independent Living
 - Denise Duncan – (631) 750-2223

Wellness and Recovery Centers

- HALI (Western Suffolk County)
 - Peer Operated Wellness Ctr
 - (Former LIFE Program)
 - (631) 234-1925
- Association for Mental Health & Wellness
 - (Eastern Suffolk County)
 - Pollack Center for Recovery & Wellness
 - Veronica De Koning – (631) 369-0022